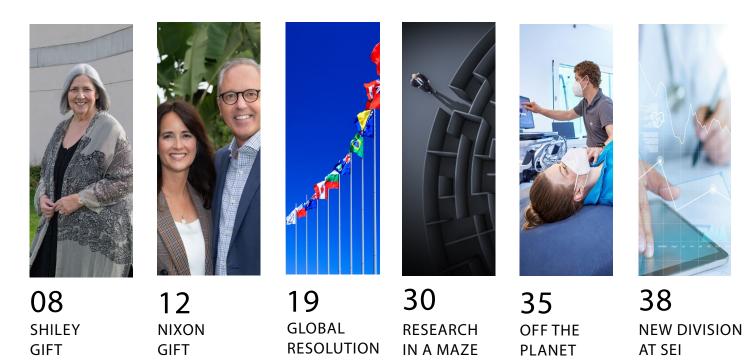
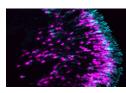
# Shiley Eye Institute

The Viterbi Family Department of Ophthalmology UC San Diego Health <u>UC San Diego</u> SCHOOL OF MEDICINE

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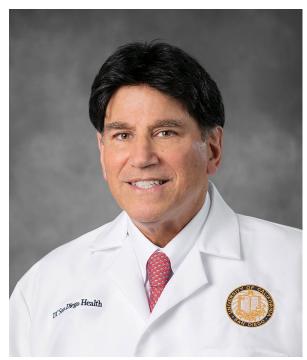


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**Image on the Cover**: Living human retinal organoids with an emphasis on cone photoreceptors from Karl Wahlin, PhD and his laboratory team.

#### Letter from the Chair



Dear Friends,

This past year was like no other. Although 2021 was filled with unprecedented challenges, Shiley Eye Institute staff, clinicians, residents and fellows were resilient and never wavered in providing outstanding clinical care to our patients. Moreover, the vision research in the Viterbi Family Department of Ophthalmology continued to grow as we translated our laboratory discoveries to our patients. There are so many exciting items to share with you!

2021 marked the 30th Anniversary of the Shiley Eye Center and there has been numerous notable accomplishments and activities during the past year that are described in the Annual Report including:

• Another transformative donation from Darlene Shiley, our partner from the very beginning, will enable the renovation of the second floor and expansion of our clinical space to better serve our patients.

• Two outstanding faculty were appointed to Viterbi Family Chairs.

• The Nixon family provided a generous gift for genetic research for a rare and disabling inherited retinal disease.

• The planning of the Viterbi Family Vision Research Center is nearing completion and ground should soon be broken on this 100,000 square foot structure.

• Collaborative clinical partnerships throughout UCSD Health and vision research throughout the UCSD campus continued to grow.

• Service to the underserved children in San Diego, the most vulnerable inhabitants, continued despite pandemic hardships

While reflecting on the past 30 years, I am heartened to know that our entire team is excited by the upcoming changes and future of the Shiley Eye Institute and Viterbi Family Department of Ophthalmology. Now, more than ever, we are inspired by our patients and cognizant every day of the trust from our donors who have generously supported our vision research.

On behalf of the Shiley Eye Institute and Viterbi Family Department of Ophthalmology at UC San Diego, I thank you for your partnership and support.

Sincerely,

for N Wind

**Robert N. Weinreb, MD** Chair and Distinguished Professor, Ophthalmology Director, Shiley Eye Institute

#### Letter from the Chancellor



Dear Friends,

Year after year, the Shiley Eye Institute and Viterbi Family Department of Ophthalmology at UC San Diego Health exemplify excellence in education, collaborative research, and innovative clinical care. In 2021, we commemorated the 30th anniversary of the Shiley Eye Institute, celebrating its groundbreaking discoveries, recognizing generous community support, and planning exciting new research initiatives. The many inspiring stories highlighted in this annual report feature successful patient outcomes, innovative research, and groundbreaking discoveries to treat and cure eye diseases.

These successes are possible, in great part, because of the generous and ongoing support of our community partners. Recently, physician-scientists discovered enzymes that demonstrate potential to prevent optic nerve cell degeneration resulting from glaucoma or inherited retinal disease. We are grateful for generous support from the Nixon Vision Foundation that will fund genetic studies in pursuit of macular degeneration diagnosis and treatment. And this year, a \$10 million gift from Darlene Shiley to revitalize the institute's facilities will help move ongoing and new research to the next level of excellence. We are grateful for the opportunities that this transformational gift will create. The discoveries and innovations found through this important work will truly honor the enduring legacy of Darlene and Donald Shiley.

Thank you to all of our donors for their commitment and continued partnership with UC San Diego and the Shiley Eye Institute. Your support profoundly changes patients' lives and makes a meaningful, lasting impact at UC San Diego. Your gifts drive transformative research, treatments, and cures. With gratitude, I look forward to all we will continue to accomplish together.

With Kind Regards,

**Pradeep K. Khosla, PhD** Chancellor, UC San Diego



#### Letter from the CEO

#### Dear Friends,

Amid one of the most challenging and historic public health crises, the Shiley Eye Institute and Viterbi Family Department of Ophthalmology have remained at the forefront of vision expertise and excellence in eye care. Our teams have been ready, responsive and focused on ensuring that patients receive the quality care they deserve in a safe environment. It

is because of this that patients from Southern California to across the world continue to seek out the specialized care that exists only at UC San Diego Health. I am incredibly proud of the work being done by our staff, trainees, clinicians and faculty leadership.

In addition to clinical excellence, their vision research is growing and transformative. Among their many research activities, some SEI clinicians and scientists are studying the effects of the pandemic on eyesight. Others are exploring the progression of glaucoma through artificial intelligence, and still others are developing gene therapies to restore vision by investigating rare gene mutations that can lead to loss of vision.

We also have continued to increase our ophthalmology offerings thanks to your generous support and, in particular, the support of Darlene Shiley who recently gave a \$10 million gift for the clinical space expansion of the Shiley Eye Institute. Her gift, along with the additional funds provided by UC San Diego Health, will enable increased patient access to our dedicated clinical team.

From treating potentially blinding eye diseases such as diabetic retinopathy, macular degeneration and glaucoma, to discovering pathways to improve patient health on a broader scale, the Shiley Eye Institute and the Viterbi Family Department of Ophthalmology are advancing clinical care and vision research every day.

Thank for you for your support.

**Patty Maysent, MPH, MBA** CEO, UC San Diego Health



#### Letter from the Interim Dean

Dear Friends,

Year after year, I am proud of the accomplishments of the faculty and staff of the Viterbi Family Department of Ophthalmology and Shiley Eye Institute. Despite the continuation of the global pandemic, this year is no different.

We are thrilled to celebrate another

year of achievement by our distinguished faculty. From driving innovation through leading-edge translational research to training a diverse set of residents and fellows in the latest treatment options across all areas of eye care, the Viterbi Family Department of Ophthalmology and Shiley Eye Institute remain among the premier destinations for ophthalmology in the nation.

Thank you for your commitment to ensuring UC San Diego remains a leader in delivering outstanding patient care, pursuing diverse avenues of research through collaborative team science, and offering an exceptional academic environment for our students and trainees. Your support of the Viterbi Family Department of Ophthalmology and Shiley Eye Institute is vital to these efforts, and we remain deeply grateful for your partnership.

Sincerely,

**Steven R. Garfin, MD** Interim Dean, UC San Diego School of Medicine

## 2021 BYTHE NUMBERS

While the Shiley Eye Institute (SEI) maintained our rigorous Covid-19 protocols, the Viterbi Family Department of Ophthalmology had 125,532 patient visits in person and many others remotely. Surgical procedures increased to 7,879.

With the continuing Covid-19 pandemic, there have been many challenges for the SEI in 2021. Nevertheless, our doctors and scientists published 197 peer reviewed manuscripts and delivered 129 lectures, many of them virtual. With 34 ongoing clinical trials and 50 grants, we are resolute in our dedication to cure blindness.

The SEI EyeMobile for Children provided 2,257 vision screenings, 644 dilated eye exams and distributed 421 eyeglasses to children all at no cost to their families. This was particularly difficult with school closures and general health concerns within the underserved community. 43 children were identified as high risk and referred for ongoing eye care that would not have otherwise been treated.

### **EXECUTIVE COMMITTEE**







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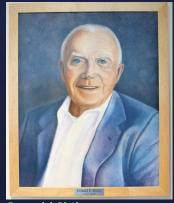


### WITH \$10 MILLION GIFT, DARLENE SHILEY BUILDS UPON HER HUSBAND'S LEGACY

Gift will target expansion of the clinical space at Shiley Eye Institute, which opened 30 years ago with foundational support from the couple; it is part of a \$27 million renovation and improvement project being undertaken by UC San Diego

Marking its 30th anniversary and her enduring interest and support, philanthropist Darlene Shiley has given a \$10 million gift for the clinical space expansion of the Shiley Eye Institute at UC San Diego Health.

The gift will finance the expansion of the clinical space and function of the Institute. Already an architectural landmark, the expansion will usher in a new era of vision care and research benefiting San Diego and beyond thanks to increased patient care capacity and



expanded research infrastructure.

"Over the last three decades, Donald and I have supported the growth and excellence of the Shiley Eye Institute and her centers of care. It was one of our first philanthropic projects we supported and were loyal to for the "long haul" as Donald would say. I now continue that legacy with pride and the knowledge that we have and continue to believe in improving medical care and research that benefits all of us."

With her late husband Donald, who passed away in 2010, Darlene Shiley has been a longtime supporter of UC San Diego across multiple endeavors, including the Shiley-Marcos Alzheimer's Disease Research Center, named in part to honor Darlene's mother, Dee Marcos.

"I can't emphasize enough how farreaching the influence of Darlene and Donald Shiley has been on UC San Diego and elsewhere. Vision care, Alzheimer's disease, and so many other important areas of research and care on our campus are sustained thanks to the Shileys' generosity. It is remarkable to see the legacy of transformation they have made here," said Chancellor Pradeep Khosla.

The latest gift will further burnish, in form and function, the Shileys' vision of their eponymous eye institute, which has grown dramatically over the last three decades.

In 1983, Department of Ophthalmology, part of UC San Diego Health, debuted in an 800-square-foot, three-room clinic, progressing to a 3,000-square-foot trailer in 1985 and then the 1991 opening of the original \$8 million Donald P. and Darlene V. Shiley Eye Center, under the leadership of **Stuart I. Brown, MD**. Over the years, the Shiley family has donated more than \$10 million for various clinical improvements, equipment, research and leadership chair funding. Additionally, other members of the family contributed to the Shiley Eye Institute as well,

Donald Shiley



including support of the Low Vision Clinic and Shiley Eye Mobile clinic by granddaughter Patricia.

Today, the Shiley Eye Institute encompasses more than 91,000 square feet and three centers: the Anne F. and Abraham Ratner Children's Eye Center, the Joan and Irwin Jacobs Retina Center and the Hamilton Glaucoma Center, and the soon to be the Viterbi Vision Research Center. These facilities, with satellite operations at UC San Diego Medical Center in Hillcrest and the VA San Diego Healthcare System, handle more than 125,000 patient visits and perform more than 7,000 surgeries annually. "Darlene Shiley's support, and that of her late husband Donald, of UC San Diego Health has been instrumental in so many key moments for our institution, particularly in the Shiley Eye Institute," said Patty Maysent, CEO of UC San Diego Health. "That first building really was the first major piece of our La Jolla medical campus, now a crown jewel in San Diego's health care community. We are thrilled to know that this expanded delivery of care and UC San Diego Health history can continue to serve our community and inspire our world thanks to Darlene's continued partnership."

Led by director **Robert N. Weinreb, MD**, who is also chair of the Viterbi Family

Department of Ophthalmology at UC San Diego, Shiley Eye Institute boasts more than 40 physician-scientists, plus numerous visiting fellows and residents, with specialties ranging from cataract and corneal disorders to glaucoma to restorative vision therapies. The Department is consistently a leader in research funding from the National Institutes of Health and claims 21 faculty members ranked among the top experts in their field by Expertscape.

Recent research has included the discovery of specific enzymes that may help create new therapies to protect and regrow neurons, a key to perhaps preventing degeneration of optic nerve cells in glaucoma and other eye conditions such as inherited retinal disease.

"I know I speak for every one of our faculty and staff when I say that the support of Darlene and Donald P. Shiley has been sustained, unwavering and key to our successes and leadership in ophthalmology and eye care," said Weinreb. "Moreover, we are making discoveries here every day that translate into vision saving therapies that we hope will cure blindness; Darlene has been a central reason for this, too."

### 2021 MARKS 30 YEARS of the SHILEY EYE INSTITUTE

The Shiley Eye Center opened in 1991 with a dazzling gala as the first structure on UC San Diego's medical complex east of Interstate 5.

Donald P. and Darlene V. Shiley made a significant donation to house the Department of Ophthalmology and create the first dedicated eye center in San Diego.

The Shiley Eye Center subsequently would become the Shiley Eye Institute achieving worldwide recognition for its excellent clinic care, vision research, education of future leaders and service to the underserved community. For over 30 years, patients aged 1 to 108 from San Diego and across the globe have entrusted SEI with their vision care.



The Shiley Eye Center began by providing care for 13,000 patients in 1991 to **125,532** in 2021!

During this time, the Shiley EyeMobile for Children screened over **250,803** underserved youngsters from all corners of San Diego County, as well as providing them no cost dilated eye exams and free pairs of glasses.

### ANNIVERSARY MILESTONES

SEI staff and faculty are proud to have played a role in training **549** residents and fellows from the United States and **39** countries.

We would like to thank the **5,232** generous donors giving **16,897** donations for believing in us over these past 30 years! Your unwavering support and confidence in us has been invaluable and is greatly appreciated!

### MAJOR GIFT FOCUSES EFFORTS ON A RARE, BUT DEVASTATING, GENETIC EYE DISEASE

Funding from the Nixon Visions Foundation will support studies of the PRPH2 gene linked to macular dystrophy and boost stem cell research aimed at developing early diagnosis and a cure

In healthy vision, a gene called PRPH2 provides instructions to make a protein called peripherin 2 (PRPH2), which plays a key role in the normal functioning of photoreceptors that detect light and color and which line the back of the eye.

When there are mutations in the PRPH2 gene, the result can be macular dystrophy, an impairment of the retina that progressively diminishes the ability to see clearly and may eventually result in vision loss. Currently, there are no effective treatments to slow or prevent the condition.

The Nixon Visions Foundation, led by philanthropists Brandon and Janine Nixon, has given a significant gift to the Viterbi Family Department of Ophthalmology and Shiley Eye Institute, both part of UC San Diego Health, to launch the Nixon Visions Foundation Macular Dystrophy-PRPH2 Research Fund, which will focus studies of the PRPH2 gene and related mutations and help upgrade stem cell technologies that may eventually provide a proven therapeutic remedy. Nixon Visions Foundation is also building capacity with the Foundation Fighting Blindness to further advance national and global research in this space as part of this effort.

"We are impressed with the impactful work at UC San Diego and specifically in the Department of Ophthalmology and at Shiley Eye Institute," said the Nixons. "We believe this gift can accelerate efforts to make a tremendous impact for people with this inherited eye disease and will improve the lives of others for generations to come."

"Macular dystrophy is such a challenging disease for people who have it, but UC San Diego Health has the expertise to discover new ways of treating this illness and creating a healthier world," said UC San Diego Chancellor Pradeep Khosla. "Thanks to the generosity of the Nixon Visions Foundation, we can pursue the most promising leads and follow the science wherever it takes us."

Macular dystrophy is a relatively rare eye condition. It affects the central retina or macula, which has the highest concentration of light-sensitive cells or photoreceptors. It is different from the more common eye disease known as macular degeneration, which is often caused by age-related deterioration of the retina and macula. Macular dystrophy is associated with genetic mutations that — for no known reason — trigger degradation of retinal cells. Some forms of the disease appear in childhood; some in adulthood.

"There really aren't viable therapies for macular dystrophy and even fewer promising leads to develop them, but in our work we believe we've found one. But that work is still in its fairly early phases so for myself and my colleagues, such as **Dr. Radha Ayyagari**, funding like this from the Nixon Visions Foundation is crucial to understanding causes and treating the disease," said **Shyamanga Borooah, PhD**, assistant professor of ophthalmology at Shiley Eye Institute and one of the investigators on the PRPH2 research project.

Faculty in the Viterbi Family Department of Ophthalmology and at Shiley Eye Institute are among the leaders in basic research investigating the causes of eye disease and finding remedies. The institute is home to the Joan and Irwin Jacobs Retina Center.

"Shiley Eye Institute is at the leading edge of vision research and eyecare, and we know that macular dystrophy is a devastating diagnosis," said **Robert Weinreb, MD**, director of Shiley Eye Institute and chair of the Viterbi Family Department of Ophthalmology. "We are confident that there is no place better to understand this illness and innovate therapies for it than UC San Diego Health."



From L to R: Radha Ayyagari, PhD, Robert N. Weinreb, MD, Chancellor Pradeep Khosla, Janine Marks Nixon, Brandon L. Nixon, and Shyamanga Borooah, MD, PhD

Patty Maysent, CEO of UC San Diego Health agreed: "Shiley Eye Institute represents some of the finest ophthalmological research and care in the world. We are honored to have the support of the Nixon Visions Foundation in such a tangible, meaningful way."

Nixon Visions Foundation is dedicated to the support of organizations and individuals who are striving to reach their potential. Based in San Diego, the foundation provides scholarships and other funding for education, training, social welfare, public information, and research. Its newest initiative is to provide meaningful support for scientific research leading to critical treatments and, ultimately, cures for rare inherited retinal degenerative diseases through partnerships with UC San Diego Health's Shiley Eye Institute and the Foundation Fighting Blindness, each targeting rare gene mutations such as those of the PRPH2 gene.

Visit <u>www.nixonvisionsfoundation.org</u> or scan this barcode to go to the website:



### **CONGRATULATIONS** NEW ENDOWED CHAIRS



Endowed chairs are highly honored academic positions that attract and support distinguished faculty. Chairs recognize the faculty members' excellence in research and clinical practice. They provide an enduring source of support for faculty research, scholarly activities and teaching.

In 2018, as part of a transformative gift to UC San Diego, Andrew Viterbi, PhD established six endowed chairs in Ophthalmology. In part, he made the donation to honor the legacy of his late father, ophthalmologist Achille Viterbi. The gift also includes a new Viterbi Family Vision Research Center and the naming of the Department.

**Robert N. Weinreb, MD**, Chair, Viterbi Family Department of Ophthalmology and Director, Shiley Eye Institute, stated, "Endowed Chairs enable our faculty to deeper and accelerate their scholarship, vision care and research. We deeply thank Dr. Viterbi for ensuring the future success of the Department with his generosity."



**Alex A. Huang, MD, PhD**, new Associate Professor of Ophthalmology, has been appointed the inaugural holder of the Alfred Vogt Chair in Ophthalmology in the Viterbi Family Department of Ophthalmology, Shiley Eye Institute at UC San Diego.

Dr. Viterbi included The Alfred Vogt Chair in Ophthalmology in his gift to UC San Diego. This chair is named after internationally recognized Swiss ophthalmologist Professor Alfred Vogt, who not only served as Dr. Achille Viterbi's mentor but he helped the Viterbi family flee Italy in 1939 by securing them visas to Switzerland and then on to the United States. Dr. Huang notes, "I am honored as a new faculty member to be the inaugural chairholder of the prestigious Vogt Chair. This distinction will help to propel my research forward and create more opportunities to collaborate with colleagues worldwide in treating and curing optic nerve and glaucoma related eye diseases."

Through his research, Dr. Huang hopes to better understand how glaucoma therapies work, identify their stengths and weaknesses, as well as develop better drug treatments or surgical techniques for the best possible patient outcomes.



**Radha Ayyagari, PhD**, Professor of Ophthalmology and Pathology, has been appointed as the Viterbi Family Chair of Ophthalmic Genetics in the Viterbi Family Department of Ophthalmology, Shiley Eye Institute at UC San Diego.

Dr. Ayyagari is Chief of the Ophthalmic Molecular Genetics Laboratory and Director of the Downtown San Diego Lions Biobank for Vision. She completed her undergraduate studies at Andhra University in Vizag, India, her graduate studies at Osmania University in Hyderabad, India and fellowship in Ophthalmic Molecular Genetics at the National Eye Institute, National Institute of Health, Bethesda, Maryland. "The research and teaching support from endowed chairs like the Viterbi Family Chair III enables the bold pursuit of new solutions to debilitating eye diseases that may cause blindness – thus preserving sight and improving lives", stated Dr. Ayyagari.

Her research interests include molecular genetics of macular and retinal dystrophy and glaucoma, biological mechanisms underlying retinal diseases, age-related macular degeneration and diabetic retinopathy. She has been honored with the Frank A. Bennack, Jr. Research Fellowship, Sybil B. Barrington Scholar Award, University of Michigan Research Faculty Recognition Award and the Lew Wassermen Award.

### FACULTY SPOTLIGHT ERIC D. NUDLEMAN, MD, PHD



Eric D. Nudleman, MD, PhD is an Associate Professor of Ophthalmology at UC San Diego Shiley Eye Institute (SEI) and the Viterbi Family Department of Ophthalmology. He joined SEI in 2014 after completing his fellowship in vitreoretinal surgery with the renowned Associated Retinal Consultants at the renowned William Beaumont Hospital in Michigan. This included a special focus on pediatric vitreoretinal surgery, which remains his major clinical focus. Prior to his fellowship, Dr. Nudleman graduated from Stanford University with a bachelors in Human Biology and PhD in Developmental Biology. He earned his medical degree at Albert Einstein College of Medicine of Yeshiva University in New York. He interned at Lenox Hill Hospital and then went on to Washington University School of Medicine in St. Louis, Missouri for his ophthalmology residency. Dr. Nudleman is the recipient of many prestigious honors such as the Ronald G. Michels Fellowship, Heed Fellowship, the Doris P. and Harry I. Wexler Prize, Rosenbaum Research Award, and the Association of University Professors of **Ophthalmology/Research to Prevent** Blindness Resident and Fellow Research Forum Award. He has participated in multiple National Eye Institute and industry-sponsored clinical trials. At SEI, Dr. Nudleman's clinical focus is on vitreoretinal diseases and surgery, with a special interest in pediatric vitreoretinopathies. His laboratory focuses on developmental angiogenesis and the role of the Wnt signaling pathway with a particular interest in identifying novel targets to treat vascular diseases.

#### WHY DID YOU GO INTO MEDICINE?

I was exposed to academic medicine from an early age. My father is a neurologist and spent most of his career at UC Irvine. As a child, if my mother was busy on the weekends he would take me to work with him to round on a sick patient, finish paperwork in the office, or meet with his research team. It was easy to recognize his passion for the work and the intense appreciation he felt for the privilege to provide healthcare.

As a student, I was always interested in science. After my undergraduate studies, I entered a PhD program in Developmental Biology at Stanford. I loved doing basic science research, but the human connection to the work that I saw my father experience was missing for me. I went to medical school so that I could combine those interests. The opportunity to both practice medicine and help individual patients, as well as do basic science work to discover new therapies, has been tremendously rewarding.

#### HAVE ANY OF YOUR PATIENTS AFFECTED YOU SIGNIFICANTLY?

Without question, every patient affects me. As a retina surgeon, some of the common diseases we see (such as diabetic retinopathy and macular degeneration) require frequent visits. This allows me to form very close relationships, often over many years. I also focus on pediatric retinal diseases, which allows me to take care of some patients from infancy. It is a unique and privileged role to play in their lives. When I see patients do well with existing therapies, it is a tremendous joy. However, when they do poorly, it is a deep disappointment. Seeing the challenges in people who I have gotten to know well is the frustration that motivates the research that I do in the lab.

#### HOW DO COLLABORATIONS AND PARTNERSHIPS FIT INTO YOUR ROLE AS A RESEARCHER?

Collaborations are a critical component of any research endeavors. We are very fortunate at UC San Diego (UCSD) to be surrounded by tremendous expertise in virtually every discipline.



Dr. Nudleman and family



My research is primarily focused on diseases of the blood vessels in the retina. Since coming to UCSD, I have worked closely with fellow faculty member Napoleone Ferrara, MD, Distinguished Professor of Ophthalmology and Pathology at UC San Diego Health. He is an expert in vascular biology and discovered Vascular Endothelial Growth Factor (VEGF), the target of the most common drugs we use as retina specialists. In addition, we collaborate with Richard Daneman, PhD, Professor of Neurosciences and Pharmacology at UC San Diego, an expert in the blood-brain barrier, which is similar to the blood-retinal barrier. The key to these collaborations is to identify the molecular abnormalities that occur in diseases of the retinal blood vessels in order to target new therapies. Each part of the team provides unique and highly valuable skills.

#### WHAT DO YOU SEE AS THE NEXT BIG ADVANCES IN YOUR FIELD?

Possibly the biggest advance ever in our field was the discovery of VEGF by Dr. Ferrara, and the subsequent development of inhibitor therapies. These drugs have prevented blindness in many millions of people worldwide. However, despite their incredible efficacy, they have to be injected frequently, which is a major burden for patients, providers and the healthcare system. A great deal of effort right now is being directed towards therapies that will be longer lasting. In addition, some patients fail to improve. Often that is due to scarring, which has no effective treatment. Therapies that would prevent scarring in the retina would have a tremendous impact on saving vision.

#### WHAT DO YOU DO IN YOUR FREE TIME?

Outside of science and medicine, my family and surfing are my two passions. I have three amazing kids and cherish the time I get to spend with them. Surfing has been an obsession since grade school growing up in Orange County. I try to surf a handful of days a week, and have recently been developing skills in building surfboards. I find the combination of creativity and precision to be much like retina surgery.

### **UN ADOPTS RESOLUTION ON VISION**

#### "Global eye care needs are projected to increase substantially with half the global population expected to be living with a vision impairment by 2050."

The United Nations General Assembly unanimously adopted the first ever resolution on vision, designating its 193 member nations to ensure community access to eye health for the 1.1 billion people worldwide living with preventable vision loss on economic and sight loss by 2030. The resolution was introduced by Bangladesh's U.N. Ambassador and sponsored by Antigua and Ireland as well as being co-sponsored by 100 other countries.

The resolution titled, "Vision for Everyone", is designed to encourage countries to increase access for vision care services for their populations and make eye health part of their nation's governmental health agenda. The resolution says, "Global eye care needs are projected to increase substantially

with half the global population expected to be living with a vision impairment by 2050." It also calls on international financial institutions and philanthropies to focus on the increasing impact of social development.

Robert N. Weinreb, MD, Chair and Professor, Viterbi Family Department of **Ophthalmology and Director, Shiley Eye** Institute, states, "This announcement is a welcome and important milestone in worldwide efforts to treat and prevent blinding eye diseases."

This resolution gives the global ophthalmology community opportunity to improve access to eye care for millions of people living with impaired vision

and blindness around the world. These General Assembly resolutions are not legally binding, but they do indicate worldwide outlook.

For more information,



### **EYEMOBILE CELEBRATES** 20 YEARS & 100,000 MILES!

The UC San Diego Shiley EyeMobile for Children is a program of Community Ophthalmology at the Shiley Eye Institute (SEI) and Viterbi Family Department of Ophthalmology.

In 1998, the goal of Stuart I. Brown, MD, founder of the EyeMobile, was to partner with the community to develop a model that would deliver free eye care to the low-income children in San Diego who were needlessly losing sight, struggling to fulfill their potential to learn and contribute to society. Community leaders and philanthropists shared this vision to establish a mobile pediatric eye care program that would overcome barriers and bring vision care to underserved sectors of San Diego County. In addition to benefiting the underserved youngsters, this innovative program would provide a viable model for other communities and a platform for research studies.

Funded by several foundations, corporations and individuals, the dream was realized with the launching of our first UC San Diego Shiley EyeMobile for Children in April 2001. It was a specially furnished recreational vehicle with an optometric exam room and waiting area for children and families. In 2008, the program was able to expand with a new EyeMobile equipped with two exam rooms. Before COVID-19 struck, the vision of 13,000 students' was screened at over 225 locations across San Diego County. The EyeMobile program, provided at no cost to the family, includes: vision screening, dilated eye examinations by an optometrist, if needed - a free pair of glasses, follow-up monitoring with teachers and parents, referral for subspecialist care as needed to the Anne F. and Abraham Ratner Children's Eye Center at SEI. There is also bilingual parent and teacher information informing them on the importance of eye/brain development, the need for eye care and its crucial role in preparing children to learn, as well as program evaluation.

UC San Diego



Since the first EyeMobile went out, the program has screened over 250,000 youngsters across San Diego County. Keys to the EyeMobile's success include a dedicated multilingual staff, as well as students and community volunteers. With the medical unit's mobility, the program overcomes the transportation, language, cultural and financial barriers that low-income families with children face. We have created community partnerships with the San Diego County Office of Education, Chula Vista, San Ysidro, La Mesa, Lemon Grove, and Cajon Valley School Districts, Head Start, San **Diego-Imperial Counties Developmental** Services, and others responsible for the education and health of young children.

Early detection and treatment have proven to reduce the negative impact vision problems may have on a child's learning ability and development. If left untreated, conditions such as amblyopia, could lead to irreversible vision loss and psychosocial effects. The EyeMobile program provides children with the best sight to allow them to be "school ready" so they can learn at their maximum potential.

COVID-19 severely impacted the ability for the EyeMobile to travel in the community to see youngsters around San Diego in the school locations. We are happy to report that COVID-19 didn't completely close down the EyeMobile entirely. Although a different model, the EyeMobile is safely continuing to provide no cost exams and glasses to children ages 3-14 in community locations around San Diego County.

This unique program has been embraced throughout the community and is giving underserved young children the vision, they need to succeed in school and life. When children can see, they are able to learn which then expands the educational opportunities for underrepresented students.

The long-term goal is to expand with a more efficient and larger EyeMobile in order to provide eye care services for 20,000 low-income young children annually. In addition, the expansion of vision care services for underserved seniors throughout San Diego County is being planned.







## SE QUESE

The faculty at the Shiley Eye Institute and Viterbi Family Department of Ophthalmology is fortunate to collaborate on research projects with many areas across the UC San Diego campus. These partnerships often open doors to funding and new relationships but more importantly are translating our research into real world discoveries and treatments for patients with eye diseases and vision disorders.

Natalie Afshari, MD, Professor and Vice Chair, is collaborating with Gene Yeo, PhD (Professor of Cellular and Molecular Medicine) and scientists at Case Western Reserve University to investigate the genetic basis of Fuchs Endothelial Dystrophy. They are searching for novel targets to develop gene therapies. R01EY029166 (Yeo and Afshari)

Radha Ayyagari, PhD, Professor of Ophthalmology and Pathology, is collaborating with Bing Ren, PhD (Professor of Cellular and Molecular Medicine, and Director, Center for Epigenomics) and Kelly A. Frazier, PhD (Professor of Pediatrics and Director of the Institute of Genomic Medicine) using genetics and epitranscriptomics to study the contribution of individual retinal cell type specific epigenomic changes on retinal aging, early and late-onset retinal/macular degeneration pathology. RO1EY031663 (Ayyagari, Frazer and Ren).

**Sally Baxter, MD, MSc**, Assistant Professor, is a member of a team of

clinical informaticists led by **Lucila Ohno-Machado, MD, PhD**, (Professor of Medicine/Division of Biomedical Informatics) to develop and deploy queries related to COVID-19 across multiple electronic health record (EHR) systems. This is supported by the Gordon and Betty Moore Foundation.

Sally Baxter, MD, MSc is collaborating with Ming Tai-Seale, PhD, (Professor of Family Medicine) to analyze associations between EHR use and physician burnout with support from the American Medical Association (AMA) Practice Transformation Initiative.

Shyamanga Borooah MD, PhD, Assistant Professor, is collaborating with Eric Adler MD, (Professor of Medicine and Medical Director of the Heart Transplant Program at UCSD Health) to develop a gene therapy for children with a rare inherited sight threatening and heart disease. This work is supported by the Knights Templar Eye Foundation (PI: Borooah). Andrew Camp, MD, Assistant Professor, and Robert N. Weinreb, MD, Distinguished Professor and Chair, are collaborating with James Friend, PhD (Professor of Mechanical and Aerospace Engineering and Director, Medically Advanced Devices Lab) to develop a novel eye pressure measurement device to provide a gold standard that can be used in any patient, including those with corneal disease or injury in whom current methods are inaccurate.

In collaboration with **Mark Tuszynski**, **MD**, **PhD**, (Distinguished Professor of Neurosciences and Director, UCSD Translational Neuroscience Institute), **Jiun Do**, **MD**, **PhD**, Assistant Professor, is focusing on regenerating the optic nerve by adapting stem cells strategies used in spinal cord injury research to regenerate the optic nerve and enable whole eye transplants. K08EY033032 (Do).

**William Freeman, MD**, Distinguished Professor and Vice Chair, is collaborating with Truong Q. Nguyen, PhD (Professor of Electrical and Computer Engineering) to use Artificial Intelligence to enhance our analysis of retinal imaging scans to better understand retinal disease, treatments and help guide clinical trials. The work is funded by R01EY033847 (Nguyen, Freeman).

**Catherine Liu, MD, PhD**, Assistant Professor, is collaborating with **David Peterson, PhD** (UCSD Institute for Neural Computation and Salk Institute for Biological Studies) to study blepharospasm, a movement disorder involving the periocular region that can be functionally blinding. They are using computer vision and machine learning to model and understand the pathologic, dynamic features of blepharospasm and hemifacial spasm.

**Sasan Moghimi, MD,** Associate Professor, is collaborating with **Tara Javidi, PhD**, (Professor of Electrical and Computer Engineering and the Halicioglu Data Science Institute), to investigate the structure, function and microvasculature of the optic nerve and retina with artificial intelligence to improve monitoring of advanced glaucoma. The work is funded by R01EY029058 (Weinreb).

**Eric Nudleman, MD, PhD**, Associate Professor and **Napoleone Ferrara, MD**, Distinguished Professor of Pathology and Ophthalmology and Senior Deputy Director for Basic Sciences at the UCSD Moores Cancer Center, are collaborating on a novel long-acting VEGF inhibitor. The research is funded in part by R01 EY031345-01 (Ferrara).

**Eric Nudleman, MD, PhD**, Associate Professor is collaborating with **Richard Daneman, PhD** (Associate Professor of Pharmacology and Neurosciences) to study the mechanism of blood-retinal barrier dysfunction, including the development of scarring (fibrosis) in response to abnormal vascular function. Dr. Daneman recently received the prestigious Research to Prevent Blindness Stein Innovation Award.

Jolene Rudell MD, PhD, Assistant Professor, is collaborating with Marianna Alperin, PhD (Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences) studying the biology of extraocular muscles in eye movement disorders such as strabismus and its effects on visual development. Her work was supported by K12EY024225 (Weinreb).

Using stem cell-based models of human retinal development and disease, **Karl Wahlin, PhD**, Assistant Professor, and **Stuart Lipton, MD, PhD** (Adjunct Professor of Neurosciences) are collaborating to investigate a link between microglia in human Alzheimer's disease and inherited retinal degenerations. It is hoped that these studies will uncover new therapeutic drug targets for treating retinal degenerations that might otherwise lead to vision loss.

In collaboration with **Todd Coleman**, **PhD** (Professor, Bioengineering UCSD and Stanford University) and **Camille Nebeker, PhD** (Associate Professor, Family Medicine and Wertheim School of Public Health), **Robert N. Weinreb**, **MD**, Distinguished Professor and Chair, and **Sally Baxter MD**, **MSc**, Assistant Professor, are evaluating and seeking to improve medication adherence of underrepresented minorities with glaucoma, a leading cause of blindness. The work is funded by R01MD014850 (Weinreb).

In collaboration with **Michael Pazzani**, **PhD**, (Distinguished Scientist at UC San Diego's Halıcıoğlu Data Science Institute), **Linda Zangwill, PhD**, Professor and interim Research Director and colleagues are employing deep learning models to determine whether a patient has glaucoma and how clinicians can use these results to manage glaucoma. In part, this work was funded through Dr. Pazzani's Defense Advanced Research Projects Agency (DARPA) grant "Explainable Machine Learning."

### SEI IN THE COMMUNITY

Faculty, staff and trainees, at the Shiley Eye Institute and Viterbi Family Department of Ophthalmology, not only worked tirelessly in the clinic but many also volunteered with the underserved around San Diego County as well as in Mexico.

#### Bobby Korn, MD, PhD, Henry Ferreyra, MD, Sally Baxter, MD, MSc and Jiun Do, MD, PhD along with some staff and trainees volunteered at the Petco Park UC San Diego Health Vaccination Station.

Andrew Camp, MD and Jiun Do, MD, PhD volunteered with SEI trainees and UC San Diego medical students at the UC San Diego School of Medicine Student Run Free Clinic in downtown San Diego.

Gustavo Wanderer, certified ophthalmic technician, volunteered for the Mercy Outreach Surgical Team in central Mexico with other San Diego physicians and nurses.

Sally Baxter, MD, MSc volunteered to screen and perform ophthalmic examinations on low income parents and grandparents who accompanied children being seen on the Shiley EyeMobile for Children as it traveled throughout San Diego County.



UC San Diego Health Vaccination Station Henry Ferreyra, MD and Sally Baxter, MD, MSc







UC San Diego Health Vaccination Station Jiun Do, MD, PhD, Sally Baxter, MD, MSc and Volunteer



UC San Diego Health Vaccination Station Bobby Korn, MD, PhD and volunteers



Student Run Free Clinic in downtown San Diego Andrew Camp, MD and volunteer



Mercy Outreach Surgical Team in Mexico Gustavo Wanderer



Student Run Free Clinic in downtown San Diego Jiun Do, MD, PhD with Volunteers

### THREE GENERATIONS OF CARING AT SEI

Veronica Rubio began her career at the Shiley Eye Institute (SEI) as a front desk receptionist 17 years ago and is now a Clinical Research Supervisor at the Hamilton Glaucoma Center (HGC). She was trained extensively in research protocols by UC San Diego. She oversees 30 research studies conducted by SEI investigators **Robert N. Weinreb, MD**, **Linda Zangwill, PhD, Andrew Camp, MD, Jiun Do, MD, PhD**, and **Sasan Moghimi, MD**.

Veronica manages the FDA regulated clinical trials with several pharmaceutical

and medical device companies. She also administers the Institute Review Board (IRB) funding and investigatorinitiated studies by assisting with patient recruitment and follow up on the studies' protocols.

Over two years ago, Veronica's mother, Marta Haight became a Clinical Research Coordinator at SEI for **Sally Baxter**, **MD**, **MSc**. She oversees the IRB studies, financial and administrative requirements for each project and recruits patients.

Most recently, Veronica's daughter, Janelle Rubio Nuno became a UC San Diego Volunteer at the HGC where she assists with checking in research patients, making reminder calls, conducting COVID screenings, data entry and various administrative tasks.

> "We are fortunate to have such an amazing and service-oriented family as part of Team Shiley", stated Dr. Weinreb.

### MY RECENT, MINIMALLY INVASIVE GLAUCOMA SURGERY A NEW PROCEDURE

By Natasha Josefowitz



"Your eye pressure is 50," says **Robert N. Weinreb, MD**, Director of the Shiley Eye Institute and my ophthalmologist, whose expertise is glaucoma. "We have been unable to control your eye pressure with drops; I am recommending eye surgery."

I, of course, am immediately reluctant and ask, "What happens if we don't operate?"

"You may lose the sight of your eye or have a blocked blood vessel in the eye something like a stroke," is his response. "There really is no choice."

At that glum prediction, I acquiesce. "When I ask?" "Today is Friday," he replies. "We'll do it Monday."

I also have macular degeneration and receive regular shots in that eye from

retina specialist **Eric Nudleman, MD, PhD**; that disease has been improving.

"What are you going to do?" I ask with anxiety rising as the inevitability of the looming operation becomes reality.

Dr. Weinreb explains that it is one of several new procedures classified as minimally invasive glaucoma surgery (MIGS). A tiny gel implant is placed inside the outer part of the eye. The implant is actually a tiny tube with an inner diameter of 45 microns that allows the fluid in the eye to drain slowly and lower the eye pressure. It is called MIGS as there is minimal tissue disruption, short surgical time, simple instrumentation, and fast post-operative recovery. This procedure should take about 15 minutes. I have to stay in the recovery room on the third floor for a while in order for the anesthetic to wear off.

### I am now free of the fear of losing my sight.

"Oh my goodness," I say. I had read that for people my age, anesthesia can impact cognition. I am reassured that it won't be general, just enough to relax me. I will not be allowed to bend down or lift heavy objects for two weeks following the surgery, so I have two days to arrange my apartment. I have restless nights.

Monday does eventually come. Sheri, one of our White Sands drivers, takes me at 8:15 in the morning. Upon arrival, after registering, I am taken to a pre-op room to change into the proverbial hospital gown that ties in the back. I lie down on a gurney with an IV, a blood pressure monitor (that inflates itself every few minutes throughout the operation), and a pulse oximeter on my finger. Mark Schwartz, MD the anesthesiologist, comes over. I tell him of my concern about the pending loss of brain cells from the anesthesia for people my age (I am 94). He agrees to give me very little Versed, the usual culprit, and some Fentanyl. After just a couple of minutes of conversation, Dr. Schwartz says: "Don't micro-manage during the operation." How did he get my number so quickly?

Dr. Weinreb comes over to reassure me and tells me everything is ready. I am wheeled into the operating room and a sheet is placed over my face with an opening over my eye. After some numbing eye drops, I feel no pain during the operation, only some pressure over the eye. I know how to relax from my meditation class. Before I know it, Dr. Weinreb says that the operation is over. He is pleased; the procedure was successful. The entire staff was impressed as he performed it in a mere four minutes.

I rest on my gurney for half an hour, and I'm off in a wheelchair to the waiting car. Sheri had already called ahead to White Sands so that upon my arrival a wheelchair was waiting to take me to my room. My wonderful caregiver, Melissa, puts a drop in my eye; thereafter, I could do the drops on my own — every two hours while I'm awake. I sleep well; I am surprised that I have no aftereffects from the anesthesia. My eye is barely sore.

The next morning I return to the hospital for a post-op follow-up appointment. While Dr. Weinreb examines me, he invites a resident and two fellows to come and take a look at the results of a successful operation. (The institute as part of UC San Diego Health is a teaching hospital.) My eye pressure went from 50 to nine.

MIGS, the type of surgery performed by Dr. Weinreb, has been available for only a few years and is replacing much riskier procedures for many patients with glaucoma. I feel fortunate to be able benefit from this miracle of modern surgery and very grateful to Dr. Weinreb, Dr. Nudleman, and their entire team at the Shiley Eye Institute. I am now free of the fear of losing my sight.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved. Reprinted with permission from sdnews.com (San Diego Community Newspaper Group.)

### INFANTILE CATARACTS ARE A BLIND SPOT

#### *The condition is more common — and problematic — than thought*

Three days after Canyon Brown was born, the attending pediatrician discovered a problem.

During a standard red reflex test, in which a red dot of light is shined from an ophthalmoscope into the pupil, the boy's right eye, unlike his left, reflected no light back.

People can be born with cataracts. They can form them at any point in life. The clouding of the lens is not just an artifact of advancing age. According to the American Academy of Ophthalmology, the incidence of infantile cataracts is 3 to 4 per 10,000 live births per year. They account for 5 to 20 percent of childhood blindness worldwide.

An even lesser known fact is that cataracts are much more serious in an infant than in an adult.

"People always think, 'Oh my grandpa had his cataracts removed and it was in and out of surgery in 20 minutes and he never saw a surgeon again, no big deal,' but with kids, it's the opposite," said **Jolene Rudell, MD, PhD**, Assistant Professor and pediatric ophthalmologist at Shiley Eye Institute at UC San Diego Health.

Rudell removed Canyon's clouded lens at 6 weeks old. This was considered an emergency surgery for several reasons, each of which distinguishes infantile cataracts from the adult kind.

"One of the things we always worry about is cancer," said Rudell, explaining that retinoblastoma can sometimes look like a congenital cataract but, if discovered, could require "radiation, chemotherapy and possibly even removing the eye" to treat.

"That was terrifying to us," said Rochelle Gaudette, Canyon's mother. "We have a newborn that could possibly have this life-threatening disease?" In Canyon's case, no tumor was detected. His cataract was due to an unexplained underdevelopment of the eye in utero. (If Canyon had developed cataracts in both eyes that might have been a sign of a more serious problem, such as an infection or genetic syndrome that can affect a child's development and health.)

No matter their cause, treating cataracts is also much more urgent for infants than adults because the brain starts shutting off vision from an underperforming eye immediately after birth. That's why, like most people who develop cataracts in infancy, Canyon also has amblyopia (more commonly called lazy eye).

"There is a very small window of time when we can operate, which is four to six weeks, to have a chance at saving any vision in the eye," said Rudell, who regularly performs these operations, "because, from day one, the brain favors the eye without the cataract."



Finally, treating cataracts is much more complicated in infants because clouded lenses cannot immediately be replaced with artificial ones. Eyes keep growing, and changing shape, according to Rudell. So Canyon must wear a contact lens, or very thick glasses, to have any focusing power in his problem eye until he is a little older, when his parents have the option of getting him an intraocular transplant or continuing with the contact lens indefinitely.

"When he wakes up, you have to clean the contact lens and then try to pry his eyeball open and pop it in without him swatting your hand away or screaming or squirming," Gaudette said. "And the glasses don't work because he won't wear his glasses anymore. He pulls them off."

Because of his amblyopia, Canyon must also wear a patch over his unaffected eye for three to six hours per day to strengthen his problem eye.

"It really changed the routine of our whole family," Gaudette said, "and every step of the way, there's things that come up."

Rudell calls correcting infant cataracts "a lifelong process."

"At any moment after surgery, from days to decades later, there are many potential problems that can arise, and likely additional surgeries to correct them," she said. "Even if their surgeries go perfectly and the right things are done at the right time, kids born with underdeveloped eyes are more at risk for glaucoma and other forms of blindness. Some of them may end up losing their vision anyway."

And the expense of this treatment can break the average family's bank. Canyon's lensectomy alone was prohibitively expensive and was billed to his insurance, which denied the claim. Fortunately, a "cash pay" arrangement for Gaudette and her husband reduced the cost and this was footed in its entirety by generous friends and family through a GoFundMe campaign.

Many families end up deciding it's not worth all the trouble just to save the vision in one eye, according to Rudell.

"It can be a difficult decision to put a six-week-old child under anesthesia for something that won't kill them," Rudell said. "After all, you can still legally drive with only one eye, and Canyon will still be able to do things other kids can do."

The problem, Rudell said, is if something ever happens to the unaffected eye.

"When a child grows up and they develop macular degeneration that happens to get worse in their good eye, they essentially become blind," she said. "That's why we always try to maximize whatever vision we're able to, when we can."

Rudell says more research is needed in the field of congenital cataracts.

"We have options to treat patients like Canyon, but we still don't have great solutions, and so many questions still remain on what is the best way to manage congenital cataracts," she said. "It is unfortunately not well-studied. But I'm hoping more research can only help improve visual outcomes for children with eye diseases, including cataracts."

For now, Canyon is healthy and developing normally at 18 months old, which is what his parents focus on.

"He interacts well with others and his language is developing nicely," Gaudette said. "I almost think that he might be ahead of the curve in some ways." She paused and added "It's not like this is a walk in the park, but just the fact that you can treat it makes us just want to go for it and hope for the best."

### A MAZE FOR INVESTIGATIONS OF RETINA DEGENERATIONS

The Shiley Eye Institute (SEI) and the Viterbi Family Department of Ophthalmology at UC San Diego Health have recently constructed two new visual mobility courses (or mazes) near the La Jolla campus. These full size, human visual mobility courses are designed to test visual function in retinal degeneration patients. Research patients are tested to learn how they navigate through the mazes under different lighting conditions and are asked to negotiate obstacles just as they would in the real word.

The new mazes are being utilized under the leadership of **Shyamanga Borooah, MBBS, PhD**, Director of the Retinal Degeneration Clinic at SEI. He plans to apply these mazes to test the effectiveness of novel trial therapies for retinal degeneration as part of the new Retinal Degeneration Clinic. Dr. Borooah states, "These mazes are an exciting new addition to our department. We are fortunate to have been selected as one of only a handful of sites around the world participating in a number of landmark clinical trials targeting retinal degeneration which will utilize our mobility courses. They give us the capability to test visual function before and after treatment to help assess the effectiveness of potential new therapies. Ultimately, the mazes and these groundbreaking studies will contribute to the global efforts to prevent sight loss in retinal degeneration."

Retinal degenerations are the leading cause of blindness worldwide. The retina is the light sensitive tissue at the back of the eye that contains photoreceptors. Photoreceptors are the cells that begin the process of seeing by absorbing and



Dr. Borooah and a patient entering the maze.

Intricate lighting system over the maze

converting light into electric signals that are sent to the optic nerve and the brain. Retinal degeneration, or death of the retinal cells, has many causes but ultimately all causes lead to sight loss. Common retinal degenerations include age-related macular degeneration and inherited retinal diseases such as retinitis pigmentosa.

Inherited retinal degenerations (IRD) often result in advanced visual loss due to genetic changes. In many IRD patients, standard ophthalmic assessments, like eye charts or visual fields, do not work. Therefore, an alternative vision test was developed to measure visual function – the visual mobility course.

Utilizing these mazes, IRD patients' can be assessed for walking accuracy, number of errors, and speed through the course. These measures can be used to reliably and objectively assess patient visual function. The courses have real life obstacles that the patient must distinguish while walking through. Obstacles can be representations of walls, people, plants or pets. These courses can accommodate various types and severities of vision loss by modifying light levels. The primary aim of the new SEI Retinal Degeneration Clinic is to combine worldclass clinical care with the latest research for patients with retinal degenerations. The center is fully structured around retinal degeneration patient's needs. The center's experienced team utilizes state of the art diagnostics and imaging, genetic testing, genetic counseling. It also connects patients to visual or low vision rehabilitation. Patients also have the opportunity to participate in pioneering studies, such as gene therapy and gene editing clinical trials, which utilize the new mazes to test new treatment approaches.



### HEART DISEASE IS IN THE EYE OF THE BEHOLDER

In a study from Shiley Eye Institute (SEI) at UC San Diego Health, researchers have identified a potential new marker that shows cardiovascular disease may be present in a patient using an optical coherence tomography (OCT) scan — a non-invasive diagnostic tool commonly used in ophthalmology to create images of the retina. The finding suggests it may be possible to detect heart disease during an eye examination.

In the paper published in *EClinical Medicine by The Lancet (DOI: https://doi. org/10.1016/j.eclinm.2021.100775)*, the research team examined lesions of the retina, the inner-most, light-sensitive layer of the eye, to determine if a cardiovascular disorder may be present.

"The eyes are a window into our health, and many diseases can manifest in the eye; cardiovascular disease is no exception," said lead author Mathieu Bakhoum, MD, PhD, who joined the faculty at Yale following his retina fellowship at the Shiley Eye Institute. "Ischemia, which is decreased blood flow caused by heart disease, can lead to inadequate blood flow to the eye and may cause cells in the retina to die, leaving behind a permanent mark. We termed this mark 'retinal ischemic perivascular lesions,' or RIPLs, and sought to determine if this finding could serve as a biomarker for cardiovascular disease."

As part of the study, the team reviewed the records of individuals who received a retinal OCT scan at UC San Diego Health from July 2014 to July 2019. From that cohort, two groups were identified after medical chart review: one consisted of 84 individuals with heart disease and the other included 76 healthy individuals as the study's control group. An increased number of RIPLs was observed in the eyes of individuals with heart disease. According to the researchers, the higher number of RIPLs in the eye, the higher the risk for cardiovascular disease.

A person's risk for cardiovascular disease is determined by the atherosclerotic cardiovascular disease (ASCVD) risk score calculator, the national guideline developed by the American College of Cardiology. The guideline is considered the gold standard for assessing a patient's 10-year risk of experiencing a cardiovascular event, such as heart attack or stroke. In the study, researchers found a correlation between the number of RIPLs in a patient's eye and their ASCVD risk score.

"Individuals with low and borderline ASCVD scores had a low number of RIPLs in their eyes, but as the ASCVD risk increased, so did the number of RIPLs," said Bakhoum.

The research team hopes this paper and future studies will result in RIPLs becoming a common ophthalmological marker for identifying potential cardiovascular disease, and incorporated into the overall ASCVD risk score.



The eyes are a window into our health, and many diseases can manifest in the eye; cardiovascular disease is no exception

"Globally, cardiovascular disease is the number one cause of death and unfortunately many people are unaware they may have heart issues," said Bakhoum. "The key in preventing this is early detection and treatment. It's our hope that by identifying RIPLs as a marker for cardiovascular disease providers will be able to identify heart issues before a catastrophic event, such as a heart attack or a stroke, occurs."

Additional co-authors of the study include: **Michael H. Goldbaum, MD**, **William R Freeman, MD**, Anthony N. DeMaria, MD, Christopher P. Long, MD, Christine Y. Bakhoum, MD, MAS, Anupam K. Garg, MD, PhD, medical students Alison X. Chan and Samantha Madala, as well as former SEI resident Christopher B. Toomey, MD, PhD.

### **WELCOME NEW FACULTY** ALEX A. HUANG, MD, PHD



The Viterbi Family Department of Ophthalmology and the Shiley Eye Institute at UC San Diego welcomes **Alex A. Huang, MD, PhD**, who enters to the Viterbi Department of Ophthalmology as an Associate Professor in the Glaucoma Division. He is a glaucoma specialist and clinician-scientist who performs all current (and minimally invasive) glaucoma surgical procedures.

Dr. Huang earned both his PhD in neuroscience and MD at The Johns Hopkins University School of Medicine. He completed his residency in ophthalmology at the University of Southern California. Dr. Huang is recognized by patients and staff upon his return as he was a postdoctural fellow in glaucoma at the SEi in 2012-2013.

When asked why he became a doctor, Dr. Huang answered, "I chose to become a physician-scientist ophthalmologist to help patients maximize their vision and to lead what I call a "sand-box" life." He went on to state, "Clinician-scientists explore challenging clinical and basic science questions like an inquisitive kid in a sand-box. Creatively free, we see patients and then are inspired by them to chase innovative diagnostic and treatment ideas to improve patient-care." Dr. Huang's clinical goal is to maximize the efficacy of glaucoma therapeutics while decreasing their burden to augment the best quality-of-life. He carries his interests regarding anglebased approaches and native outflow pathway improvement into his laboratory as a National Institutes of Health (NIH) R01-supported scientist. Thus, his NIH research program focuses on improving glaucoma surgical outcomes by enhancing aqueous humor outflow understanding.

He is also supported by the National Aeronautics and Space Administration (NASA) to protect the eyes of American astronauts on the International Space Station from Space Flight-Associated Neuro-ocular Syndrome (SANS).

Dr. Huang is looking forward to the UC San Diego research collaborations and partnerships in his new position. He noted, "Put nicely, teamwork is the key. Put factually, no single person is smart enough to do everything and take any idea to fruition. UC San Diego epitomizes this ideal by bringing together the best and most diverse family of clinicians and scientists. This is why I am excited to be here - to work with other experts like **Robert N. Weinreb, MD** to tackle the most challenging glaucoma and eye care questions in the future."

The international publication, *The Ophthalmologist* named Dr. Huang the #1 Rising Star in the World in 2017 and recognized him on *The Ophthalmologist* Power 100 List in 2020. In 2021, Dr. Huang received the Association for Research in Vision and Ophthalmology (ARVO) Foundation Pfizer Ophthalmics Carl Camras Translational Research Award. Alex A. Huang, MD, PhD conducts research for the National Aeronautics and Space Administration (NASA) to safeguard American astronauts' eyes on the International Space Station (ISS). His goal is to determine the cause of Spaceflight Associated Neuroocular Syndrome (SANS) and develop countermeasures necessary for a longhaul spaceflight Mission to Mars.

**OFF THE PLANET** 

Eye health is a hurdle for the Mission to Mars. Based on the rotation of the planets and how fast spaceships fly, a planned human Mission to Mars would take years to travel there, to explore the planet and to return to Earth safely. Since 2011, it was discovered that the optic nerves of American astronauts on the ISS could become swollen, the eye globe flattens, and/or the retina folds. This new disease is called SANS. Since that time, 1 in 3 astronauts flying long duration ISS missions have developed these symptoms, and the longer astronauts resided in the weightless environment of the ISS, the worse the swelling.



SANS is modeled on Earth by placing subjects in headdown tilt so that lower body fluid shifts to the head. A lower-body negative pressure [LBNP] chamber, and other potential countermeasures, can be tested in this body position.

Thus, SANS represents a major barrier to long-haul exploration class spaceflight because of the risk to vision and the potential inability for astronauts to complete their missions or come home. It is urgent that SANS be better understood, risk factors identified, and mitigation strategies developed.

Many reasons have been hypothesized for why SANS occurs, and one leading concept involves the fluid in our bodies. Without gravity, fluid in our legs redistributes to our heads, and the extra volume may be the culprit. Thus, Dr. Huang's team is currently developing and testing countermeasures designed to reverse the fluid shift. Partnering with NASA, these countermeasures are currently being tested at the German Aerospace Center (Deutsches Zentrum fur Luft- und Raumfahrt or DLR).

Eye research is further performed directly on the ISS. The ocular nerves, eye blood flow, and eye electrical function are being directly tested on American astronauts in space. With these studies, Dr. Huang and

his multi-centered team hope to improve the safety of future spaceflight and allow for the exploration of this next frontier. Lessons from these SANS investigations may also shed light onto Earthly eye disorders such as glaucoma optic neuropathy.

For more information, scan this barcode to reach the publication.



## **NEW GENES IDENTIFIED**

International effort identified new and different causative gene variants for a group of diseases that can lead to severe vision loss or blindness.

An international team of researchers, led by **Radha Ayyagari**, **PhD**, Professor of Ophthalmology and Pathology at the Shiley Eye Institute and Viterbi Family Department of Ophthalmology, has broadened and deepened understanding of how inherited retinal dystrophies (IRDs) affect different populations of people and, in the process, have identified new gene variants that may cause the diseases.

Dr. Ayyagari's large team includes Kelly A. Frazer, PhD, Professor of Pediatrics and Director of the Institute for Genomic Medicine at UC San Diego School of Medicine; and S. Amer Riazuddin, PhD, Associate Professor of Ophthalmology at John Hopkins University, in collaboration with institutions in India, Mexico, Canada, Brazil, Pakistan and the United States.

IRDs are a group of diseases, from retinitis pigmentosa to choroideremia, that result in progressive vision loss, even blindness. Each IRD is caused by at least one gene mutation, though mutations in the same gene may lead to different IRD diagnoses. IRDs are rare, but they affect individuals of all ages, progressing at different rates, even within families afflicted with the same disease. Specific diagnosis depends on finding the genetic causative mutations.

The U.S. Food and Drug Administration has approved gene therapy for treating one form of IRD involving the gene RPE65, but for other IRDs caused by mutations in more than 280 different genes, there are no cures or treatments proven to slow disease progression.

The researchers conducted wholegenome sequences (WGS) of 409 persons from 108 unrelated family lineages, each with a previously diagnosed IRD. WGS is a process of determining the entirety, or near-entirety, of the DNA sequence of an individual. It provides a comprehensive portrait of the person's entire genome, including mutations and variants, which can be used for broad comparative purposes.

Study participants were recruited from three different geographic regions: Mexico, Pakistan and European Americans living in the United States. The study also identified a large proportion of new IRD causative mutations specific to the populations studied and revealed the types of mutations contributing to inherited retinal dystrophies.

The authors said the new findings boost understanding of the distribution of IRD causative mutations in these three diverse populations, which will further understanding of disease variation and presentation. That, in turn, will help design more efficient genetic testing strategies and therapies applicable to global populations.

Funding for this research came, in part, from the National Institutes of Health (grants EY031663, EY13198, EY21237, EY002162 and P30EY022589) the Foundation Fighting Blindness; Research to Prevent Blindness; The Claire Giannini Foundation; The L.L. Hillblom Foundation and That Man May See, Inc.

Full Study: <u>https://journals.plos.org/</u> plosgenetics/article?id=10.1371/journal. pgen.1009848





# **NEW DIVISION AT SEI**

The Shiley Eye Institute and Viterbi Family Department of Ophthalmology has a new Division, Ophthalmology Informatics and Data Science. Under the direction of Assistant Professor, **Sally Baxter, MD, MSc**, the division is dedicated to advancing data science, artificial intelligence, and big-data analytics for the improvement of vision and health. The division is conducting cutting-edge research as well as providing clinical informatics support to develop and integrate state-of-theart health information technology tools into the day-to-day care of our patients.

Faculty in the division have trained and mentored undergraduates, postbaccalaureate students, medical students, residents, and fellows via independent study courses, research electives, mentoring programs, summer internships, and other pathways.

The Division also offers an Ophthalmology Informatics and Data Science Fellowship Program, a unique postdoctoral training opportunity for physicians and scientists interested in advancing their understanding of biomedical and clinical informatics as applied to vision science and clinical ophthalmology.

"Collaboration with Medical BioInformatics, HDSI - we are well positioned to advance the diagnosis and treatment of eye diseases," says Baxter.



#### EXAMPLES OF OPHTHALMOLOGY INFORMATICS AND DATA SCIENCE IN THE CLINIC INCLUDE:

- NIH-funded research in health information technology integration, big data, and artificial intelligence
   Examples:
  - Deep learning analyses of optic nerve and retinal images
  - Big-data predictive analytics with electronic health record data
  - Innovations in sensor technology and wearables
  - Genomics

- Providing core resources such as highperformance computing and state-ofthe-art custom computer programming through the UCSD Computational Ophthalmology Group
- Seminar series with notable ophthalmologists, informaticists, and data scientists from across the world
- Training programs to develop the next generation of ophthalmic informaticists and data scientists

- Journal clubs and research symposia to discuss cutting-edge research
- Providing support to faculty, staff, and trainees as they implement new informatics and digital tools for research and clinical applications
- Founding member of the UC San Diego Halicioglu Data Science Institute
- Member of the American Academy of Ophthalmology (AAO) Committee on Artificial Intelligence
- The values of diversity and inclusion are an utmost priority. Some of the ways the division has prioritized diversity include making concerted efforts to study individuals from backgrounds traditionally underrepresented in biomedical research, recruiting trainees from diverse backgrounds, and ensuring data analyses, algorithms, and implementation of tools are performed in a transparent fashion while minimizing bias and reducing health disparities.

#### SOME HELPFUL DEFINITIONS

**Informatics** is the "science of how to use data, information, and knowledge to improve human health and the delivery of health care services" (American Medical Informatics Association).

**Data Science** is the study of data or facts and figures/numbers. It involves recording, storing, and analyzing data to effectively extract useful information.

**Artificial Intelligence** is the ability of a computer to do tasks that are

usually done by humans because they require intelligence and discernment. In other words, it is the simulation of human intelligence in machines that are programmed to think like humans and mimic their actions. Examples are learning and problem solving.

**Big Data** is extremely large groups of numbers or data sets that can be analyzed computationally to reveal patterns, trends, and associations – especially relating to human behavior or medically recorded numeric information.

**Deep Learning** is an artificial intelligence function that imitates the working of the human brain in processing data and creating patterns for use in decision making.

#### **AFFILIATED SEI FACULTY**

Sally L. Baxter, MD, MSc – Division Chief, Dual Board-Certified in Ophthalmology and Clinical Informatics Dirk-Uwe Bartsch, PhD Akram Belghith, PhD Chris Bowd, PhD Mark Christopher, PhD William Freeman, MD Michael Goldbaum, MD Sasan Moghimi, MD Robert N. Weinreb, MD Derek Welsbie, MD, PhD Linda Zangwill, PhD

#### COLLABORATING FACULTY FROM OTHER DIVISIONS/DEPARTMENTS AT UC SAN DIEGO

UCSD Health Department of Biomedical Informatics UCSD Health Information Services UCSD Halicioglu Data Science Institute UCSD Division of Biostatistics & Bioinformatics in the Department of Family Medicine and Public Health UCSD Department of Computer Science and Engineering

# LIONS BIOBANK UPDATE

The Shiley Eye Institute (SEI) gratefully accepted a groundbreaking donation to establish the *Downtown San Diego Lions Club BioBank for Vision* in 2017. The BioBank stores a library of biological samples with complete background information that researchers can utilize to investigate predictors for diseases and effectiveness of therapies. The goal of the BioBank is to leverage the latest in bioinformatics technology and genetic sequencing tools to advance the understanding of eye diseases such as glaucoma and inherited retinal diseases.

Demographic, ethnic, medical and risk factor history data are collected from qualified patients in the SEI clinic. The details of sample collection, processing, analysis and exact freezer storage location of samples are recorded in the BioBank database system. Each step of the process ensures that all patient data and samples are stored, tracked and readily available to share with investigators, along with all linked clinical, demographic, genotype, and phenotype information while maintaining strict confidentiality. This process has been approved by the UCSD Institutional Review Board Committee and involves all activities including the sample collection, sample processing and intended use and handling protocol.

Patients with inherited eye diseases who participate in this research have provided blood samples that are processed into DNA, RNA and other important components of blood. These samples are isolated, quantified and standardized in preparation for future genetic analysis. Moreover, induced pluripotent stem cells from specific individuals also are stored in the BioBank. In the past year, the Biobank obtained four thousand blood mononuclear cells from 2,315 patients to generate induced pluripotent stem cells for studying eye diseases. These cells have been carefully and confidentially catalogued along with their clinical status and stored at ultralow temperature (<160 degrees C) in liquid nitrogen freezers for future use. RNA samples were obtained from 3,422 patients and stored at -80 degrees C temperature in our BioBank freezers. These samples and others are awaiting proteomic analysis, a systematic identification and guantification of the proteins of a cell, tissue or biological fluid. SEI researchers will then examine how the samples contribute to the regulation of eye pressure and the delivery of nutrients to the eye.

# 2021

### MARKS TEN YEARS OF **FOR SIGHT** ANNUAL REPORTS





VIEW OUR ENTIRE COLLECTION OF ANNUAL REPORTS ONLINE HERE:

## CONGRATULATIONS

Sally L. Baxter, MD, MSc, Assistant Professor, received the 2020 NIH Director's Early Independence Award. This is among the most prestigious grants awarded by the National Institutes of Health, and Dr. Baxter is one of the only ophthalmologists to be so recognized.

Andrew Camp, MD, Assistant Professor, was awarded the 2021 Whitehill Prize for Excellence from UC San Diego.

Alex A. Huang, MD, PhD, Associate Professor, received the 2021 Achievement Award from the Academy of Ophthalmology.

Don O. Kikkawa, MD, Professor and Executive Vice Chair, was named to the Ophthalmology Residency Review Committee of the Accreditation Council for Graduate Medical Education (ACGME), the national organization that accredits resident training programs.

Shira L. Robbins, MD, Professor of Ophthalmology, has been elected UC San Diego Health (UCSDH) Vice Chief of Staff. She was elected by the UC San Diego Active Medical Staff that includes over 1,300 physicians and other clinicians. In 2 years, she will become UC San Diego Health (UCSDH) Chief of Staff. This position of Vice Chief of Staff merges patient safety with UCSD policies while being a physician advocate.

Robert N. Weinreb, MD, Distinguished Professor and Chair, received the Dr. **Robert Ritch Award for Excellence** and Innovation in Glaucoma from The Glaucoma Foundation (New York).

Robert N. Weinreb, MD, Distinguished Professor and Chair, was recognized by Ophthalmology Management as one of the 2021 "25 Leaders in Innovation" who have made notable contributions to ophthalmology.

Robert N. Weinreb, MD, Distinguished Professor and Chair, and Jeffrey E. Lee, **MD**, Associate Professor, were named to Newsweek's "America's Best Eye Doctors 2021".

Among 21 Viterbi Family Department of Ophthalmology faculty who were recognized by Expertscape as being among the best in their respective fields, Robert N. Weinreb, MD was named for the seventh consecutive year as the world's leading glaucoma expert. Also ranked highly at #12 was Linda Zangwill, PhD, Professor and interim Research Director.

Every year, Shiley Eye Institute specialists have been honored as being "the best" by every major national and local organization.

- The Ophthalmologist U.S. News & World Expertscape Castle Connolly San Diego Magazine **TOP Doctors**
- Report **Best Doctors SuperDoctors** Newsweek

#### **GLAUCOMA**



#### **Robert N. Weinreb, MD**

Chair & Distinguished Professor, Viterbi Family Department of Ophthalmology Director, Shiley Eye Institute Director, Hamilton Glaucoma Center Distinguished Professor of Bioengineering Morris Gleich, MD Chair in Glaucoma

**MEDICAL SCHOOL** Harvard Medical School

**RESIDENCY & FELLOWSHIP** University of California San Francisco

#### **GLAUCOMA**



#### **Christopher Bowd, PhD**

Research Scientist of Ophthalmology Director of the Hamilton Glaucoma Center-based Visual Field Assessment Center Co-Director of the Hamilton Glaucoma Center-based Imaging Data **Evaluation and Analysis (IDEA) Center** 

**GRADUATE SCHOOL** Washington State University

**POSTDOCTORAL FELLOWSHIP** University of California San Diego

#### **GLAUCOMA**



#### Linda M. Zangwill, PhD

Professor of Ophthalmology Co-Director of Clinical Research, Hamilton Glaucoma Center Director, Hamilton Glaucoma Center, **Data Coordinating Center** Richard K. Lansche, MD & Tatiana A. Lansche Chair in Ophthalmology

Harvard School of Public Health (MS) Ben-Gurion University of the Negev (PhD)

POSTDOCTORAL FELLOWSHIP University of Waterloo, Waterloo, Ontario, Canada

#### **GLAUCOMA**



#### Andrew S. Camp, MD

Assistant Professor of Ophthalmology

**MEDICAL SCHOOL** University of Miami Miller School of Medicine

RESIDENCY Bascom Palmer Eye Institute at the University of Miami Miller School of Medicine

**FELLOWSHIP** University of California San Diego

#### **GLAUCOMA**

#### Mark Christopher, PhD

Assistant Project Scientist of Ophthalmology

**GRADUATE SCHOOL** University of Iowa

**POSTDOCTORAL FELLOWSHIP** University of California San Diego

#### **GLAUCOMA**



**Akram Belghith, PhD** 

Assistant Project Scientist of Ophthalmology

**GRADUATE SCHOOL** University of Strasbourg, France

POSTDOCTORAL FELLOWSHIP University of California San Diego





#### **GLAUCOMA**



#### Jiun Do, MD, PhD

Assistant Professor of Ophthalmology

**MEDICAL SCHOOL** University of California San Diego, School of Medicine

**RESIDENCY** University of Southern California, Roski Eye Institute

FELLOWSHIP University of California San Diego

POSTDOCTORAL FELLOWSHIP University of California San Diego, Neurosciences

#### GLAUCOMA



#### John H.K. Liu, PhD

Professor of Ophthalmology Director, Glaucoma Sleep Laboratory

**GRADUATE SCHOOL** National Tsing Hua University (MS Molecular Biology) Texas A&M University (PhD Pharmacology)

POSTDOCTORAL FELLOWSHIP Harvard Medical School

#### **GLAUCOMA**



#### Alex A. Huang, MD, PhD

Associate Professor of Ophthalmology Alfred Vogt Chair in Ophthalmology

**MEDICAL SCHOOL** The Johns Hopkins University School of Medicine

**RESIDENCY** Los Angeles County & University of Southern California

FELLOWSHIP University of California San Diego

POSTDOCTORAL FELLOWSHIP The Johns Hopkins University School of Medicine

### GLAUCOMA

#### Sasan Moghimi, MD

Associate Professor of Ophthalmology

MEDICAL SCHOOL Tehran University of Medical Sciences

**RESIDENCY** Farabi Eye Hospital, Tehran University of Medical Sciences

#### **FELLOWSHIP** University of California Los Angeles, Stein Eye Institute University of California San Francisco, Koret Vision Center

#### GLAUCOMA



#### Won-Kyu "Daniel" Ju, PhD Associate Professor of Ophthalmology GRADUATE SCHOOL The Catholic University in Korea (Masters & PhD)

**POSTDOCTORAL FELLOWSHIP** Washington University in St. Louis Sanford-Burnham Medical Research Institute

#### **GLAUCOMA**

#### Cristiana Vasile, MD

Associate Physician of Ophthalmology

**MEDICAL SCHOOL** Bucharest University of Medicine, Romania

**RESIDENCY** University of California San Diego

**FELLOWSHIP** University of California San Diego

#### **GLAUCOMA**



#### Derek S. Welsbie, MD, PhD

Associate Professor of Ophthalmology

**MEDICAL SCHOOL** University of California Los Angeles

**RESIDENCY** The Johns Hopkins University School of Medicine/ Wilmer Eye Institute

FELLOWSHIP The Johns Hopkins University School of Medicine/ Wilmer Eye Institute

POSTDOCTORAL FELLOWSHIP David Gessen School of Medicine UCLA

#### **COMPREHENSIVE OPHTHALMOLOGY**

#### Thao P. Nguyen, MD Assistant Professor of Ophthalmology

MEDICAL SCHOOL University of Oklahoma, Tulsa

**RESIDENCY** University of Rochester, New York

**FELLOWSHIP** University of California San Diego

#### COMPREHENSIVE OPHTHALMOLOGY



#### Sally L. Baxter, MD, MSc

Assistant Professor of Ophthalmology Chief, Division of Ophthalmology Informatics and Data Science

**MEDICAL SCHOOL** Perelman School of Medicine at the University of Pennsylvania

**RESIDENCY** University of California San Diego

FELLOWSHIP University of California, San Diego Health Department of Biomedical Informatics

#### **CORNEA & REFRACTIVE**



#### Natalie A. Afshari, MD, FACS

Professor of Ophthalmology Vice Chair for Education, Department of Ophthalmology Chief, Division of Cornea and Refractive Surgery Stuart I. Brown MD Chair in Ophthalmology in Memory of Donald P. Shiley

**MEDICAL SCHOOL** Stanford University School of Medicine

**RESIDENCY** Harvard University, Massachusetts Eye and Ear Infirmary

**FELLOWSHIP** Harvard University, Massachusetts Eye and Ear Infirmary

#### **CORNEA & REFRACTIVE**

#### Stuart I. Brown, MD

Professor of Ophthalmology

MEDICAL SCHOOL University of Illinois Medical School

**RESIDENCY** Tulane Medical School

FELLOWSHIP Harvard University, Massachusetts Eye and Ear Infirmary

#### COMPREHENSIVE OPHTHALMOLOGY Jeffrey E. Lee, MD



#### Jeffrey E. Lee, MD Associate Clinical Professor of Ophthalmology

Program Director, Ophthalmology Residency

MEDICAL SCHOOL University of California San Diego

**RESIDENCY** University of California San Diego

#### **CORNEA & REFRACTIVE**



#### Weldon W. Haw, MD

Clinical Professor of Ophthalmology Chief of Ophthalmology at Veterans Administration Medical Hospital

**MEDICAL SCHOOL** University of California Los Angeles School of Medicine

**RESIDENCY** Stanford University School of Medicine

FELLOWSHIP Stanford University School of Medicine

#### **NEURO-OPHTHALMOLOGY**

#### Lanning Kline, MD

Clinical Professor of Ophthalmology

MEDICAL SCHOOL Duke University

**RESIDENCY** McGill University, Montreal

**FELLOWSHIP** Bascom Palmer Eye Institute, University of Miami Montreal Neurological Institute, McGill University

#### **CORNEA & REFRACTIVE**



#### Chris W. Heichel, MD, FACS

Clinical Professor of Ophthalmology

MEDICAL SCHOOL Chicago Medical School

**RESIDENCY** University of California San Diego

**FELLOWSHIP** University of California San Diego

#### NEURO-OPHTHALMOLOGY

#### Peter J. Savino, MD

Professor of Ophthalmology & Neurosciences

MEDICAL SCHOOL University of Bologna School of Medicine, Italy

**RESIDENCY** Georgetown University Medical Center

**FELLOWSHIP** University of Miami

#### GENETICS



#### Radha Ayyagari, PhD

Professor of Ophthalmology & Pathology Chief of Ophthalmic Molecular Diagnostic Laboratory (CLIA certified) Director of Downtown San Diego Lions Club BioBank for Vision The Viterbi Family Chair III

**GRADUATE SCHOOL** Osmania University, Hyderabad, India

POSTDOCTORAL FELLOWSHIP Molecular Genetics at the National Eye Institute, NIH, Bethesda

#### **OPHTHALMIC PLASTIC & RECONSTRUCTIVE SURGERY**

#### Don O. Kikkawa, MD, FACS

Professor of Ophthalmology and Plastic Surgery Vice Chair for Clinical Services, Department of Ophthalmology Chief, Division of Oculofacial Plastic and Reconstructive Surgery Dr. Trude Kahn Hollander Chair in Ophthalmology

MEDICAL SCHOOL St. Louis University School of Medicine

**RESIDENCY** University of California Los Angeles

**FELLOWSHIP** University of Wisconsin, Madison

#### **OPHTHALMIC PLASTIC & RECONSTRUCTIVE SURGERY**



#### Bobby S. Korn, MD, PhD, FACS

Professor of Ophthalmology and Plastic Surgery

**MEDICAL SCHOOL** University of Texas, Southwestern Medical School

**RESIDENCY** University of California San Diego

**FELLOWSHIP** University of California San Diego

**POSTDOCTORAL FELLOWSHIP** Massachusetts Institute of Technology

#### PEDIATRIC OPHTHALMOLOGY & ADULT EYE REALIGNMENT Mansoor Movaghar, MD



MEDICAL SCHOOL University of Medicine and Dentistry of New Jersey -Robert Wood Johnson

Associate Clinical Professor of Ophthalmology

**RESIDENCY** Long Island Jewish Medical Center

**FELLOWSHIP** The University of Wisconsin in Madison

### OPHTHALMIC PLASTIC & RECONSTRUCTIVE SURGERY

Yunxiang "Catherine" Liu, MD, PhD Assistant Professor of Ophthalmology

> MEDICAL SCHOOL Albert Einstein College of Medicine

**RESIDENCY** University of California Irvine

FELLOWSHIP Illinois Eye and Ear Infirmary at the University of Illinois, Chicago

**POSTDOCTORAL FELLOWSHIP** Albert Einstein College of Medicine

## PEDIATRIC OPHTHALMOLOGY & ADULT EYE REALIGNMENT



#### Shira L. Robbins, MD, FAAO, FAAP

Professor of Ophthalmology Educational Director of Pediatric Ophthalmology/ Strabismus Division

**MEDICAL SCHOOL** Medical College of Pennsylvania Hospital

**RESIDENCY** Hahnemann University Hospital

**FELLOWSHIP** University of California San Diego & Naval Medical Center

### PEDIATRIC OPHTHALMOLOGY & ADULT EYE REALIGNMENT



#### David B. Granet, MD, MHCM, FACS, FAAO, FAAP

Professor of Ophthalmology and Pediatrics Vice Chair, Department of Ophthalmology Director, Anne F. & Abraham Ratner Children's Eye Center Anne Ratner Chair of Pediatric Ophthalmology

MEDICAL SCHOOL Yale University School of Medicine

**RESIDENCY** New York University Medical Center

**FELLOWSHIP** Children's Hospital of Philadelphia University of Pennsylvania

## PEDIATRIC OPHTHALMOLOGY & ADULT EYE REALIGNMENT

#### Jolene Rudell, MD, PhD

Assistant Professor of Ophthalmology

**MEDICAL SCHOOL** University of California Davis

**RESIDENCY** University of California Davis

FELLOWSHIP University of Washington/Seattle Children's Hospital

**POSTDOCTORAL FELLOWSHIP** University of California Davis

#### **REGENERATIVE OPHTHALMOLOGY**



#### Karl Wahlin, PhD

Assistant Professor of Ophthalmology Director, Richard C. Atkinson Laboratory for Regenerative Ophthalmology

**GRADUATE SCHOOL** The Johns Hopkins School of Medicine **POSTDOCTORAL FELLOWSHIP** The Johns Hopkins School of Medicine/Wilmer Eye Institute

#### **RETINA & VITREOUS**



#### **Dirk-Uwe Bartsch, PhD**

Adjunct Professor of Ophthalmology

**GRADUATE SCHOOL** University of California San Diego

**POSTDOCTORAL FELLOWSHIP** University of California San Diego

#### **RETINA & PSYCHOLOGY**



#### Nicholas Oesch, PhD

Adjunct Professor of Ophthalmology Assistant Research Scientist Department of Psychology

GRADUATE SCHOOL Oregon Health and Science University

**POSTDOCTORAL FELLOWSHIP** National Institutes of Health



**RETINA & VITREOUS** 

#### Shyamanga Borooah, MBBS, MRCP (UK), MRCSEd, FRCOphth, PhD

Assistant Professor of Ophthalmology

MEDICAL SCHOOL Imperial College London

**RESIDENCY** University of Edin<u>burgh</u>

FELLOWSHIP Moorfields Eye Hospital London

**POSTDOCTORAL FELLOWSHIP** University of Edinburgh

#### **RETINA & VITREOUS**

#### Henry A. Ferreyra, MD

Clinical Professor of Ophthalmology

**MEDICAL SCHOOL** University of California San Diego

**RESIDENCY** University of California San Diego

**FELLOWSHIP** University of California San Diego

#### **RETINAL VASCULAR**



#### Napoleone Ferrara, MD

Distinguished Professor of Ophthalmology and Pathology Senior Deputy Director for Basic Sciences, UCSD Moores Cancer Center Ben and Wanda Hildyard Chair for Diseases of the Eye

MEDICAL SCHOOL & RESIDENCY University of Catania Medical School, Catania, Italy

**FELLOWSHIP** University of California San Francisco

#### **RETINA & VITREOUS**



#### William R. Freeman, MD

Distinguished Professor of Ophthalmology Vice Chair, Department of Ophthalmology Director, Jacobs Retina Center Co-Director, Retina Division

**MEDICAL SCHOOL** Mount Sinai School of Medicine New York

**RESIDENCY** Lenox Hill Hospital New York

**FELLOWSHIP** University of California San Francisco University of Southern California

#### **RETINA & VITREOUS**



#### Peter Shaw, PhD

Associate Adjunct Professor of Ophthalmology

**GRADUATE SCHOOL** McMaster University, Ontario, Canada

**POSTDOCTORAL FELLOWSHIP** University of California San Francisco

#### **RETINA & VITREOUS**



#### Michael H. Goldbaum, MD

Professor of Ophthalmology Co-Director, Retina Division

**MEDICAL SCHOOL** Tulane University School of Medicine

RESIDENCY Tulane University School of Postgraduate Medicine & U.S. Naval Hospital

FELLOWSHIP Cornell University Medical Center and New York Hospital





#### Doran B. Spencer, MD, PhD

Assistant Clinical Professor of Ophthalmology

**MEDICAL SCHOOL** Oregon Health & Science University

**RESIDENCY** University of California Irvine

#### FELLOWSHIP Massachusetts Eye Research and Surgery Institution, Harvard Medical School University of California San Diego

**POSTDOCTORAL FELLOWSHIP** Oregon Health & Science University

#### **RETINA & VITREOUS**



#### Eric Nudleman, MD, PhD Associate Professor of Ophthalmology

**MEDICAL SCHOOL** Albert Einstein College of Medicine

**RESIDENCY** Washington University in St. Louis

FELLOWSHIP Associated Retinal Consultants / William Beaumont Hospital

POSTDOCTORAL FELLOWSHIP Stanford University

#### **OPTOMETRY & LOW VISION**



#### John F. Kulischak, OD OPTOMETRY SUPERVISOR

**OPTOMETRY SCHOOL** University of California Berkeley

**RESIDENCY** Palo Alto VA Medical Center



Esmeralda McClean, OD

University of California Berkeley

**SPECIALTY** Ocular Disease



Maria Laura Gomez, MD, OD

MEDICAL SCHOOL & RESIDENCY Rosario University & Barraquer Institute of America, Bogota, Colombia

FELLOWSHIP Moorfield Eye Hospital, London University of California San Diego

**SPECIALTY** Cornea and Dry Eye



Lianne Mizoguchi, OD OPTOMETRY SCHOOL New England College of Optometry

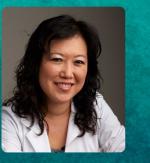
> RESIDENCY Southern California College of Optometry at Marshall B. Ketchum University

University of California Berkeley

Andrew Vo, OD

**OPTOMETRY SCHOOL** 

SPECIALTY Specialty Contact Lens



Pamela A. Hoo, OD OPTOMETRY SCHOOL Southern California College of Optometry



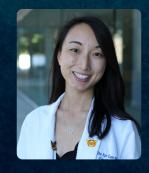
Anne B. Lam, OD OPTOMETRY SCHOOL Southern California College of Optometry at Marshall B. Ketchum University



Alicia Lau, OD OPTOMETRY SCHOOL University of California Berkeley

**RESIDENCY** Raymond G. Murphy VA Medical Center

**SPECIALTY** Glaucoma and Ocular Disease



Carol Yu, OD OPTOMETRY SCHOOL University of California Berkeley

**RESIDENCY** Nova Southeastern University

SPECIALTY Specialty Contact Lens and Ocular Disease

#### NOT PICTURED:

Lara D. Hustana, OD OPTOMETRY SCHOOL Pacific University

**RESIDENCY** Indian Health Services

## **50 YEARS OF OPHTHALMOLOGY RESIDENCY TRAINING**

Residents at SEI are medical school graduates who have chosen to specialize in ophthalmology. The Residency Program lasts for three years and four Residents begin training each July for a total of twelve.

In 2021, we celebrated 50 years of training residents at UC San Diego Ophthalmology. The high-quality training and instruction encompassing the Residency Program are high in priority for the department and an essential part of the overall mission.

Natalie A. Afshari, MD, Vice Chair for Education for the Department believes, "The Shiley Eye Institute Residency Program is a top training program that offers close mentorship between faculty and residents, broad exposure to a variety of clinical and surgical experiences, and access to exceptional research opportunities. At our program we are committed to educating a diverse and passionate group of physicians and surgeons to provide the highest quality of patient care and avenues for scientific discovery. We strive to empower our trainees to be leaders, innovators, and pioneers in the field of Ophthalmology."

Dr. Afshari continued, "The residents recruited to our program are enthusiastic, caring, passionate, and intelligent physicians who strive not only to promote the wellbeing of the many patients they touch, but also continually improve themselves and their community of colleagues. The UC San Diego ophthalmology resident is someone who entrenches themselves into curious pursuits of knowledge and innovation, into promoting an environment of enrichment and congeniality, and, most importantly, into caring for patients. Selecting prospective residents with such qualities can be challenging yet rewarding given the number of high caliber individuals who espouse these qualities, as reflected in their high



On August 3, 2021, the Shiley Eye Institute and Viterbi Family Department of Ophthalmology welcomed our new class of residents and fellows at an outdoor event.

academic performance, innovative research, and dedication to community service."

Currently, the Ophthalmology Residency Program emphasizes excellence, ethics and humanity while training residents to



Jeffrey Lee, MD, Natalie A. Afshari, MD and Robyn Austin pictured with the residents.

become exceptional ophthalmologists equipped to succeed in any aspect of ophthalmology, be it academics, research, or the private sector. The overarching goal is the acquisition of the knowledge, skills, clinical judgment, and attitudes necessary to provide skilled and compassionate care to patients.

Residency Program Director and alumni, Jeffrey Lee, MD, states, "I have been fortunate to have done my training here at Shiley and experienced what a world class organization is like at all levels, starting with residency then becoming faculty – I see the big picture. It is an amazing organization to be a part of." Dr. Lee's goals for the Program are to create individualized educational plans for each Resident so they have clinical, surgical, elective and research opportunities with a flexible schedule, therefore optimizing each person's learning experiences. He went on to note, "We want every Resident to become the best version of themselves when they graduate from our Program."

Residents are provided with clinical exposure in multiple facilities to gain mastery of the ophthalmology knowledge and judgment needed while assuming increasing levels of responsibility for the medical and surgical management of patients with a wide variety of acute and chronic ophthalmological diseases. Because we recognize that ophthalmology education continues beyond the residency training years, we emphasize the importance of self-directed study habits.

Four residents begin training each July for a total of twelve. While training at our multiple facilities, each resident is exposed to a diverse patient population with a wide variety of ophthalmic needs all of this while being given increasing responsibilities in a one-on-one teaching environment with our clinical attending physicians.

Department Chair, **Robert N. Weinreb, MD** noted, "We are so proud of our residents. They have distinguished themselves in academic positions and also in their communities. As faculty, it is gratifying to mentor the leaders of tomorrow and watch them grow into clinical, surgical and research trailblazers."

Since 1971, the Department has graduated 137 residents. Many receive additional training and they enter academic or private practices throughout the country. The SEI faculty also collaborates with many of our graduates on multi-center research investigations.

# RESIDENTS

## The UC San Diego ophthalmology residency training is a three-year program with 12 resident physicians (four per year of training).

Our highly selective residency program receives over 400 applications per year from throughout the country to fill four positions. The program is known for its outstanding clinical and surgical training, as well as the value placed on scholarly activity and compassionate patient care. Our residents are among the brightest and most motivated, and continue to be high achievers during and after their training.

As a result, graduating residents are regularly chosen for competitive post-

residency Fellowship training in various subspecialties of Ophthalmology, such as Cornea, Glaucoma, Ophthalmic Plastic and Reconstructive Surgery and Retina at the Shiley Eye Institute. Under the supervision of the renowned Shiley faculty, residents learn to care for patients, from common to very rare eye conditions.

With departmental support, residents also partake in the many cutting-edge research opportunities available in the UC San Diego Viterbi Family Department of Ophthalmology and present their work at national meetings such as the American Academy of Ophthalmology and the Association for Research in Vision and Ophthalmology. The UC San Diego Ophthalmology Residency Training Program was recently recognized by the national accrediting body, the Accreditation Council for Graduate Medical Education, with a commendation on the excellence of the Residency Program and its faculty.



# **FELLOWS**

Shiley Eye Institute offers world-class fellowships in cornea, glaucoma, ophthalmic plastic and reconstrutive surgery, pediatric ophthalmology, and retina. Fellows are exposed to expert training in both the clinical and research settings. Many go on to prominent academic positions around the world as well as practicing as outstanding clinicians in the global ophthalmic community.

#### **GLAUCOMA**



Nevin El-Nimri, OD, PhD



Alireza Kamalipour, MD



Not Pictured: GLAUCOMA Rui Fan, PhD

Eleonora Micheletti, MD



**RETINA** Tahmineh Motevasseli, MD

Golnoush Mahmoudi Nezad, MD, MPH





Ryan Phan, MD

#### **GLAUCOMA**



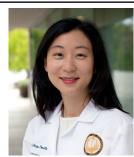
Jasmin Rezapour, MD



Joo Youn Shin, MD, PhD



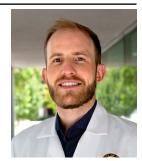
Jo-Hsuan Wu, MD



Yue "Carrie" Zhao, MD



Michael J. Ang, MD



Alex Beazer, MD

#### **OCULOPLASTICS**



DJ Ozzello, MD





RETINA



Melina Cavichini Cordeiro, MD



Alexa Li, MD



Alexandra Warter, MD



Chris Wu, MD





Takashi Nishida, MD, PhD CORNEA

# **GRADUATION 2021**

#### **GRADUATION OF RESIDENTS & FELLOWS**

On June 24, 2021, the Viterbi Family Department of Ophthalmology graduated outstanding residents and fellows with a virtual online ZOOM ceremony and socially distanced ceremony in the Shiley Conference Room. We are so proud of our graduates!

#### **Graduating Residents**

Allison Chen, MD David Kuo, MD Adeleh Yarmohammadi, MD (Co-Chief) Kaileen Yeh, MD (Co-Chief)

#### **Graduating Fellows**

Michael Ang, MD (Cornea) Alex Beazer, MD (Cornea)

Nevin El-Nimri, OD, PhD (Glaucoma) Ryan Phan, MD (Glaucoma) Carrie Zhao, MD (Glaucoma)

Darren Knight, MD (Retina) Tahmineh Motevasseli, MD (Retina) Chris Wu, MD (Retina)

DJ Ozzello, MD (Plastics)

The eighth annual "Lamont Ericson, MD Award for Outstanding Patient Care by a Resident" was presented by Residency Director, **Jeffrey E. Lee, MD** to Kaileen Yeh, MD. Dr. Ericson was an outstanding former resident in the department who passed away in 2007 at a young age. The department is grateful that Dr. Ericson's family has supported his memory in this special way.



## **GRADUATION AWARDS**

#### Award for Outstanding Surgical Teaching

2021 Christopher W. Heichel, MD
2020 Jeffrey E. Lee, MD
2019 Weldon Haw, MD
2018 Christopher W. Heichel, MD
2017 Jeffrey E. Lee, MD
2016 Weldon Haw, MD

#### Award for Teaching by a Resident Rounds or Didactics (Formerly Resident Teaching Award

(Formerly Resident Teaching Award)

2021 Allison J. Chen, MD, MPH
2021 Kaileen Yeh, MD
2020 James T. Walsh MD, PhD
2019 Ziyong Yang, MD, PhD
2018 Amir Marvasti, MD
2017 Kyle Godfrey, MD
2016 Abigail E. Huang, MD

#### Award for Fellow Appreciation

2021 Darren Knight, MD
2020 Daniel James (DJ) Ozzello, MD
2019 Doran Spencer, MD, PhD
2018 Tyler Ofstad, MD
2017 Audrey Ko, MD
2017 Joseph Ho, MD
2016 Frank F. Tsai, MD

#### Award for Outstanding Clinical Teaching

2021 Lanning Kline, MD
2020 Henry A. Ferreyra, MD
2020 Derek S. Welsbie, MD, PhD
2019 Shira Robbins, MD
2018 Andrew Camp, MD, PhD
2017 Henry A. Ferreyra, MD
2016 Christopher W. Heichel, MD

#### Knowledge & Academic Performance

2021 Lingling Huang, MD, PhD
2020 James T. Walsh, MD, PhD
2019 James T. Walsh, MD, PhD
2018 Zhiyong Yang, MD, PhD
2017 Amir Marvasti, MD
2016 Brian Chang, MD

#### Award for OKAP Teaching

2021 Jiun Do, MD, PhD
2020 Daniel James Ozzello, MD
2019 Don Kikkawa, MD
2018 Bobby S. Korn, MD, PhD, FACS
2018 Peter Savino, MD
2017 Derek S. Welsbie, MD
2016 Bobby S. Korn, MD, PhD, FACS

#### **Inaugural Residency Leadership Award**

2016 Robert N. Weinreb, MD

#### Outstanding Volunteer Faculty Teaching Award

2019 Scott K. McClatchey, MD2018 Arthur C. Perry, MD2017 Sirini S. Iyengar, MD, FACS2016 Ray Gariano, MD

#### Award for Teaching Excellence

2021 Tony Ly 2020 Erika C. Acera, OC(C)

#### Lamont Ericson, MD Award

2021 Kaileen Yeh, MD
2020 Heather Chen, MD
2019 Jeffrey Wang, MD
2018 Sally Baxter, MD, MSc
2017 Sally Baxter, MD, Msc
2016 Abigail E. Huang, MD

#### Whitehill Award

2021 Andrew Camp, MD
2020 Catherine Liu, MD, PhD
2019 Daniel Chao, MD
2018 Andrew Camp, MD
2017 Derek S. Welsbie, MD

#### ASCRS –

#### **Resident Excellence Award**

Shiley Chief Resident Liane Dallalzadeh, MD was awarded the 2021 Resident Excellence Award by the American Society of Cataract and Refractive Surgery (ASCRS).

### ACADEMY OF OPHTHALMOLOGY (AAO)

The American Academy of Ophthalmology (AAO) is the world's largest association of eye physicians and surgeons. It is a global community of 32,000 medical doctors that protect sight and empower lives by setting the standards for ophthalmic education and advocating for patients and the public. The AAO innovates to advance the profession and ensure the delivery of the highest-quality eye care.

#### AAO ANNUAL MEETING

With dedication to vision research, as well as patient care excellence, community service and education, many of our alumni, faculty, senior residents and fellows attended the Virtual AAO Annual Meeting from November 13-15, 2020 and both in-person as well as virtual November 12-15, 2021 in New Orleans. Each year the Shiley Eye Institute group gathers to reconnect and network with old and new friends from the department.

SEI faculty from all ophthalmology specialty areas presented papers or lectured at the events. Topics included: glaucoma, cataracts, cornea/external disease, electronic health records/ information technology, health policy, oculoplastics/orbit, pediatric ophthalmology/strabismus and retina/vitreous.

Each year the AAO recognizes its members for several different types of achievements. These awards honor ophthalmologists in multiple stages of practice and for a range of activities, from humanitarian service and significant contributions to the profession, to mentorship and faithful volunteer service.



### CONGRATULATIONS TO AAO AWARDEES: Secretariat Award 2020 - Natalie A. Afshari, MD

The Secretariat Award is an annual award recognizing special contributions to the Academy and ophthalmology, as determined by Academy Senior Secretaries and Secretaries in their respective areas. It was created to increase opportunities for ophthalmologists to be recognized for contributions outside of the scope of the current Achievement Awards Program.

#### Achievement Award 2021 -Alex A. Huang, MD, PhD (Faculty and Alumnus)

#### Achievement Award 2021 -Bradford W. Lee, MD (Alumnus)

The Achievement Award program recognizes individuals for their contributions to the Academy based on a cumulative point system. Points are earned through participation in the annual meeting (e.g., as a course instructor or scientific poster, paper or video presenter); by supporting advocacy efforts; or by serving the Academy as a counselor, representative, committee member, author, co-author or reviewer.

## **ALUMNI SPOTLIGHT**

Congratulations to SEI alumna Neeru Gupta, MD, PhD, MBA, FRCSC, Diplomate ABO, for being elected President of the International Council of Ophthalmology (ICO). Dr. Gupta is the first female President of the organization since its founding in 1857. Her role officially began on January 1, 2021. Dr. Gupta is an alumna of the SEI Glaucoma Fellowship Program at the Hamilton Glaucoma Center under the direction of Robert N. Weinreb, MD.

Dr. Gupta is Professor of Ophthalmology and Vision Sciences and Chief of the Glaucoma Service at the University of Toronto, Canada. She is an internationally renowned physician scientist and a professor at the Temerty Faculty of Medicine and the Dalla Lana School of Public Health at the University of Toronto. She serves as President-Elect of the World Glaucoma Association and is Editor-in-Chief of the Journal of Glaucoma. She is a member of the Board of Trustees for the International Agency for the Prevention of Blindness. She has served as leadership in every major glaucoma and ophthalmic organization worldwide.

Dr. Weinreb noted, "Dr. Gupta has accomplished so much in her career focusing on glaucoma and championing worldwide eye health. We applaud her efforts and encourage her amazing progress in the future."

The ICO works with ophthalmologic societies and others to enhance ophthalmic education and improve access to the highest quality of eye care in order to preserve and restore vision for the people of the world.



#### **POWER LIST**

"The Ophthalmologist" international magazine recognized Neeru Gupta, MD, PhD, MBA, FRCSC in"The Power List 2021".

This biannual list celebrates the achievements of the most influential figures, thought leaders and opinion makers in the world of Ophthalmology. This list of 100 individuals is selected from more than 100,000 clinicians, scientists and industry executives.

# **EDUCATION** PHYSICIANS

#### VIRTUAL GRAND ROUNDS

The community and SEI alumni are also invited to the departmental weekly Grand Rounds on Monday afternoon. The Grand Rounds consist of a special lecture from a prominent physician scientist from around the world and case presentations with moderated discussion. Interesting eye diseases, treatment dilemmas and surgical challenges are often the theme. Due to the COVID-19 pandemic, the Grand Rounds became virtual to follow safety guidelines. CME credits are given for this event as well.

#### September 14, 2020

Moderated by Robert N. Weinreb, MD and William Freeman, MD GUEST LECTURER: EMILY Y. CHEW, MD Director of Division of Epidemiology and Clinical Applications, National Eye Institute/National Institutes of Health TITLE: "Age-Related Macular Degeneration: The Update of the Age-Related Eye Disease Studies (AREDS/ AREDS2) 10 Year Follow-Up"

CASE PRESENTATIONS Lingling Huang, MD, PhD PGY-3 Resident TITLE: "Can We Treat Geographic Atrophy?"

Alexandra Warter, MD Retina Fellow TITLE: "Combined Anti-VEGF and Steroid Therapy in DME (Diabetic Macular Edema)"

#### September 21, 2020

Moderated by Robert N. Weinreb, MD GUEST LECTURER: ARTHUR J. SIT, MD Consultant, Department of Ophthalmology Practice Chair, Department of Ophthalmology Mayo Clinic Rochestor, Minnesota TITLE: "Understanding Glaucoma Therapy through Aqueous Humor Dynamics"

CASE PRESENTATION Mark Lin, MD PGY-3 Resident TITLE: "Nearly Glaucoma?"

#### October 5, 2020

Moderated by Robert N. Weinreb, MD GUEST LECTURER: IVAN MAYNART TAVARES, MD, PHD Professor and Chair Dept. of Ophthalmology and Visual Sciences Paulista School of Medicine -Univ Federal Sao Paulo (UNIFESP) Glaucoma Fellow - UCSD (2005-2006) TITLE: "A Clinical Case about Iris Cysts. Introduction to the UNIFESP Dept Ophthalmology" CASE PRESENTATIONS Michael J. Ang, MD Cornea & Refractive Fellow TITLE: "Lumps and Bumps"

Yue "Carrie" Zhao, MD Glaucoma Fellow TITLE: "What Next?"

#### October 19, 2020

Moderated by Robert N. Weinreb, MD and Peter J. Savino, MD GUEST LECTURER: NEIL R. MILLER, MD Frank B. Walsh Professor of Neuroophthalmology Professor of Ophthalmology Wilmer Eye Institute Johns Hopkins University School of Medicine TITLE: "The Relative Afferent Defect in Clinical Practice"

#### CASE PRESENTATIONS

Adeleh Yarmohammadi, MD PGY-4 Resident TITLE: "To Shunt or Fenestrate, That is the Question" David Kuo, MD PGY-4 Resident TITLE: "Occam v Hickam"

October 26, 2020

Moderated by Robert N. Weinreb, MD and Don O. Kikkawa, MD GUEST LECTURER: KYLE J. GODFREY, MD Orbital and Oculofacial Plastic Surgery Assistant Professor of Ophthalmology Associate Director, Ophthalmology Residency Weill Cornell Medical College New York Presbyterian Hospital TITLE: "Stop the Postop Drop: Understanding and Preventing Postoperative Ptosis"

#### CASE PRESENTATIONS

Liane Dallalzadeh, MD PGY-3 Resident TITLE: "Fix One, But Which One?" Aimee Chang, MD PGY-3 Resident TITLE: "Aiming Higher"

#### November 2, 2020

Moderated by Robert N. Weinreb, MD and David B. Granet, MD GUEST LECTURER: JESSE L. BERRY, MD Associate Professor of Ophthalmology, Clinical Scholar Associate Director, The Vision Center Children's Hospital Los Angeles & The USC Roski Eye Institute USC Keck School of Medicine TITLE: "Innovations and Updates in the Management of Retinablastoma"

CASE PRESENTATION Aimee Chang, MD PGY-3 Resident TITLE: "Small Eye, Big Problems"

November 9, 2020 Moderated by Robert N. Weinreb, MD and Natalie A. Afshari, MD GUEST LECTURER: ALI DJALILIAN, MD Professor of Ophthalmology Cornea Service University of Illinois College of Medicine Department of Ophthalmology TITLE: "Diagnosis and Medical Management of Limbal Stem Cell Deficiency in the Community" CASE PRESENTATIONS Allison Chen, MD PGY-4 Resident TITLE: "And Then There Was Light"

Michael Ang, MD Cornea & Refractive Fellow TITLE: "Lumps and Bumps"

#### November 23, 2020

Moderated by Robert N. Weinreb, MD and Michael H. Goldbaum, MD GUEST LECTURER: LEE JAMPOL, MD Northwestern Medicine Department of Ophthalmology TITLE: "DRCR Retina Network: Past"

CASE PRESENTATIONS Lingling Huang, MD, PhD PGY-3 Resident TITLE: "Risks vs. Benefits"

Alexandria Li, MD Retina Fellow TITLE: "Mystery Swelling"

#### November 30, 2020

Moderated by Robert N. Weinreb, MD GUEST LECTURER: CHRIS GIRKIN, MD Chair, University of Alabama at Birmingham (UAB) Department of Ophthalmology Chief Medical Officer, Callahan Eye Hospital TITLE: "What can Imaging of the Deep Optic Nerve Head Tell Us About Glaucoma?"

CASE PRESENTATIONS Kaileen Yeh, MD PGY-4 Resident TITLE: "Use It or Lose It"

Ryan Phan, MD Glaucoma Fellow TITLE: "After Trab and Tube"

#### January 4, 2021

Moderated by Robert N. Weinreb, MD GUEST LECTURER: CHERYL ANDERSON, PHD, MPH, MS Professor and Dean, University of California San Diego Herbert Wertheim School of Public Health and Human Longevity Science TITLE: "Advancing Health Equity and Justice: The Promise of Public Health Partnerships"

#### CASE PRESENTATION

Liane Dallalzadeh, MD PGY3 Resident TITLE: "Through Thick and Thin"

January 11, 2021 Moderated by Robert N. Weinreb, MD and Doran B. Spencer, MD, PhD GUEST LECTURER: JENNIFER THORNE, MD, PHD Chief, Division of Ocular Immunology Cross Family Professor of Ophthalmology & Epidemiology Wilmer Eye Institute -Johns Hopkins Medicine TITLE: "Use of Systemic Corticosteroids and Immunosuppressive Agents in the Treatment of Uveitis"

#### CASE PRESENTATIONS Medi Eslani, MD PGY-2 Resident TITLE: "Pick Your Poison" Darren Knight, MD Retina Fellow

Retina Fellow TITLE: "The other C(O)VID"

#### January 25, 2021

Moderated by Robert N. Weinreb, MD GUEST LECTURER: MICHELLE TARVER, MD, PHD Acting Deputy Director, Office of Strategic Partnerships and Technology Innovation Director, Patient Science and Engagement, Program Director for Patient Science, Digital Health Center of Excellence Food and Drug Administration TITLE: "Integrating Patient Perspectives in Medical Device Innovation" CASE PRESENTATIONS Allison Chen, MD PGY-4 Resident TITLE: "And Then There Were None"

Kaileen Yeh, MD PGY-4 Resident TITLE: "When Friend Becomes Foe"

#### February 1, 2021

Moderated by Robert N. Weinreb, MD GUEST LECTURER: ROBERT T. "CHIP" SCHOOLEY, MD Interim Faculty Director, Global Education Senior Director, International Initiatives Professor of Medicine, Division of Infectious Diseases and Global Public Health Co-Director, Center for Innovative Phage Applications and Therapeutics UC San Diego TITLE: "COVID-19: The End of the Beginning"

#### CASE PRESENTATIONS Aimee Chang, MD PGY-3 Resident TITLE: "More than the Common Cold"

Liane Dallalzadeh, MD PGY-3 Resident TITLE: "Right Under Our Noses"

#### February 22, 2021

Moderated by Robert N. Weinreb, MD and William Freeman, MD GUEST LECTURER: J. FERNANDO AREVALO, MD, PHD, FACS Edmund F. and Virginia B. Ball Professor of Ophthalmology Chairman, Department of Ophthalmology Johns Hopkins Bayview Medical Center Retina Division, Wilmer Eye Institute The Johns Hopkins University School of Medicine Baltimore, MD, USA TITLE: "Lessons Learned from PACORES in PDR Management: Real World Data from Latin America & Spain"

#### CASE PRESENTATIONS Mark Lin, MD PGY-3 Resident TITLE: "Recurrent CSCR"

Darren Knight, MD Retina & Vitreous Fellow TITLE: "An Approach to Recurrent Macular Holes "

#### March 22, 2021

Moderated by Robert N. Weinreb, MD GUEST LECTURER: LEON W. HERNDON, JR., MD Chief of Glaucoma Professor of Ophthalmology Duke Ophthalmology Duke University School of Medicine TITLE: "Inequity in Glaucoma Services Costs Sight"

#### CASE PRESENTATIONS Lingling Huang, MD, PhD PGY-3 Resident

Yue "Carrie" Zhao, MD Glaucoma Fellow

#### March 29, 2021

Moderated by Robert N. Weinreb, MD and William Freeman, MD GUEST LECTURER: GLENN J. JAFFEE, MD Robert Machemer Professor of Ophthalmology Chief, Vitreoretinal Division Director, Duke Reading Center Duke Eye Center TITLE: "The Age-related Macular Degeneration Treatment Trials - Are the Lessons Learned Still Useful in 2021?"

#### CASE PRESENTATIONS

Chris Wu, MD Retina Fellow TITLE: "A White Macula After Pars Plana Vitrectomy"

Alexandra Warter, MD Retina Fellow TITLE: "Combined Anti-VEGF and Steroid Therapy in Resistant Wet AMD (Wet Agerelated Macular Degeneration)"

#### April 19, 2021

Moderated by Robert N. Weinreb, MD and Natalie A. Afshari, MD GUEST LECTURER: JENNIFER LI, MD Director, Cornea and External Disease Service Professor, Department of Ophthalmology UC Davis Medical Center TITLE: "The Current State of Eye Banking and the Impact of COVID-19"

#### CASE PRESENTATION Alex Beazer, MD Cornea & Refractive Fellow

TITLE: "Corneal White Dot Syndrome"

#### April 26, 2021

Moderated by Robert N. Weinreb, MD and Eric Nudleman, MD, PhD GUEST LECTURER: COLE FERGUSON, MD, PHD Assistant Professor Department of Pathology University of California, San Diego TITLE: "The Diagnosis and Management of Incidental Pigmented Lesions of the Choroid" CASE PRESENTATION Alexandria Li, MD Retina & Vitreous Fellow TITLE: "Out of the Blue"

#### May 10, 2021

Moderated by Robert N. Weinreb, MD and Peter J. Savino, MD GUEST LECTURER: M. TARIQ BHATTI, MD Senior Associate Consultant Neuro-Ophthalmology Professor of Ophthalmology and Neurology Mayo Clinic College Of Medicine TITLE: "Stem Cell Therapy for Optic Neuropathy: Real Science or Science Fiction?"

CASE PRESENTATIONS Allison Chen, MD PGY-4 Resident TITLE: "Sometimes, Always, Never" David Kuo, MD PGY-4 Resident TITLE: "Disc-y Business"

#### May 17, 2021

Moderated by Robert N. Weinreb, MD and Shyamanga Borooah, MBBS, MRCP (UK), MRCSEd, FRCOphth, PhD GUEST LECTURER: AMIR H. KASHANI, MD, PHD Associate Professor of Ophthalmology (PAR) Wilmer Eye Institute Johns Hopkins School of Medicine TITLE: "Revisiting the Eye-Brain Connection Using Optical Coherence Tomography Angiography"

CASE PRESENTATIONS Alexandria Li, MD Retina & Vitreous Fellow TITLE: "Lord of the Eyes"

Darren Knight, MD Retina & Vitreous Fellow TITLE: "Clinical Findings in COL18A1 Related Chorioretinal Degeneration"

May 24, 2021 Moderated by Robert N. Weinreb, MD and David B. Granet, MD GUEST LECTURER: STEPHEN KRAFT, MD Staff Ophthalmologist, Depts. of Ophthalmology and Vision Sciences at University Health Network and SickKids Hospital, Toronto, Professor, Dept. Ophthalmology and Vision Sciences, Temerty Faculty of Medicine, University of Toronto TITLE: "The Functional Benefits of Adult Strabismus Surgery: It Is Not Cosmetic!"

CASE PRESENTATION Aimee Chang, MD PGY-3 Resident TITLE: "A Helping Hand"

#### **VISION RESEARCH LECTURES**

The Vision Research Lecture Series addresses the latest advances in vision science and clinical ophthalmology. Each presentation features UC San Diego Department of Ophthalmology's faculty, as well as a selection of leading vision scientists from around the globe. These lectures are held in the Shiley Eye Institute Education Center.

#### April 22, 2021

Sayantan Datta, BSc, MSc, PhD Assistant Professor of Ophthalmology Emory Eye Center TITLE: "Identification of Novel Mitochondrial Retrograde Signaling Pathway that Affects RPE Structure and Function"

#### June 24, 2021

Debasish Sinha, PhD Professor of Ophthalmology, Cell Biology and Developmental Biology University of Pittsburgh School of Medicine Adjunct Faculty, Ophthalmology, The John's Hopkins University School of Medicine TITLE: "The Potential Role of Neutrophils and NK Cells in the Pathogenesis of Atrophic AMD"

### **2021 OPHTHALMOLOGY UPDATE**

Chaired by **Don O. Kikkawa, MD** and **Robert N. Weinreb, MD**, the 2021 Ophthalmology Update, sponsored by the Viterbi Family Department of Ophthalmology and the Shiley Eye Institute at UC San Diego, was held virtually on February 12-13, 2021. **Don O. Kikkawa, MD, Robert N. Weinreb, MD, Natalie Afshari, MD** and **William Freeman, MD** served as Program Moderators. The interdisciplinary faculty of ophthalmic subspecialists reviewed the continuing progress, latest surgical techniques, innovative ideas and cutting-edge translational research in ophthalmology. The special guest speaker was Robert T. "Chip" Schooley, MD who discussed "COVID-19: An Evolving Virus in an Evolving Epidemic – Implications for Vaccine Effectiveness."









#### **RETINA CONFERENCE**

#### William R. Freeman, MD and Michael Goldbaum, MD, Co-

Directors of the Retina Division, host Tuesday morning Retina Case Reviews at the Joan and Irwn Jacobs Retina Center for the Shiley Eye Institute (SEI) retina faculty, residents, fellows and alumni to discuss complex cases and new treatments.



## FACULTY FEATURED LECTURES

#### FIRST GLOBAL WEBINAR OF THE WORLD GLAUCOMA ASSOCIATION ON GLAUCOMA SURGERY

The first global webinar of the World Glaucoma Association on glaucoma surgery was moderated by **Robert N. Weinreb, MD** on October 10, 2020, garnering over 9,000 live views from 137 different countries.

#### 10<sup>™</sup> ANNUAL "FOCUS ON EYE HEALTH NATIONAL SUMMIT" BY PREVENT BLINDNESS

**Sally Baxter, MD, MSc** lectured at the 10th Annual "Focus on Eye Health National Summit" hosted by Prevent Blindness on Thursday July 15, 2021.

#### GLAUCOMA RESEARCH FOUNDATION PRESENTS AN INNOVATIONS IN GLAUCOMA WEBINAR: "UNDERSTANDING VISION RESTORATION"

January 22, 2021, **Derek Welsbie, MD, PhD** presented his newest research on vision restoration during an Innovations in Glaucoma Webinar: "Understanding Vision Restoration" hosted by the Glaucoma Research Foundation. He is a principle investigator in the Catalyst for a Cure Vision Restoration Initiative.

#### "ASK THE EXPERTS" VIRTUAL WORKSHOP

**David Granet, MD** spoke at "Ask the Experts" Virtual Workshop on February 10, 2021 on "Eyes on Screens: Maintaining Your Kids' Ocular Health in a Digital World."

#### DATA SCIENCE AND OPHTHALMOLOGY MIXER

This was a collaboration with the Viterbi Family Department of Ophthalmology and the UC San Diego Halıcıoğlu Data Science Institute (HDSI) on Friday May 14, 2021. It was a special HDSI Faculty Seminar featuring SEI faculty guest speakers for lightning talks on interdisciplinary research in ophthalmology and data science.

#### **BRAILLE INSTITUTE**

**David Granet, MD** was featured at the Low Vision Seminar hosted by the Braille Institute discussing Pediatric Low Vision on Thursday, February 4, 2021. **Shyamanga Borooah, MBBS, PhD**, discussed the latest research involving stem cells, with a focus on technologies that are at or near clinical trial research, to treat sight loss on February 25, 2021 at the Braille Institute.









# **EDUCATION** PATIENTS

#### 2020 GLAUCOMA UPDATE

The 37th Annual Glaucoma Update was virtually held on December 16, 2020. The title of this year's talk was "Turning Back the Clock in Glaucoma." **Robert N. Weinreb, MD** presented the latest trends in glaucoma treatments and research from the Shiley Eye Institute, Hamilton Glaucoma Center and around the world. Additional presenters included Glaucoma faulty: **Sally Baxter, MD, MSc, Andrew Camp, MD, Jiun Do, MD, PhD, Derek Welsbie, MD, PhD**, and **Linda Zangwill, PhD**.



#### **2021 GLAUCOMA UPDATE**

On November 3, 2021, SEI hosted the 38th Annual Glaucoma Update virtually, "What is Next in Glaucoma?" **Robert N. Weinreb, MD** presented as well as **Sally Baxter, MD, MSc, Jiun Do, MD, PhD** and **Alex A. Huang, MD, PhD**. They discussed innovative new glaucoma treatments, adherence to glaucoma medications, and collaborations the Hamilton Glaucoma Center is initiating with institutions worldwide.



#### **HEALTHTALKS: OPHTHALMOLOGY - OUR VISION**



UC San Diego Health Sciences sponsored the virtual HealthTalks: Ophthalmology-Our Vision event on December 2, 2020, hosted by Vice Chancellor of UC San Diego Health Sciences David A. Brenner, MD. Shiley Eye Institute and Viterbi Family Department of Ophthalmology speakers included **Robert N. Weinreb, MD, Sally Baxter, MD, MSc, Eric Nudleman, MD, PhD**, and **Derek Welsbie, MD, PhD**. The team presented the latest innovations in vision care, new treatments and prevention, as well as glaucoma and cornea research.

## **PUBLICATIONS 2020-2021**

#### CORNEA

Editorial: Surgical Advancements and Innovations in Cataract Surgery for the Complex Patient. Gali HE, Afshari NA. Curr Opin Ophthalmol. 2020 Jan;31(1):1-2. doi: 10.1097/ ICU.00000000000638. PMID: 31724967 No abstract available.

Iris Reconstruction Suturing Techniques. Lian RR, Siepser SB, Afshari NA. Curr Opin Ophthalmol. 2020 Jan;31(1):43-49. doi: 10.1097/ICU.000000000000628. PMID: 31770162 Review.

The Quest for Homeopathic and Nonsurgical Cataract Treatment. Lian RR, Afshari NA. Curr Opin Ophthalmol. 2020 Jan;31(1):61-66. doi: 10.1097/ICU.00000000000631. PMID: 31770163 Review.

Hand Hygiene and Instrument Sanitization in Ophthalmology Clinics. Abbas AA, Lian RR, Afshari NA. Curr Opin Ophthalmol. 2020 Jan;31(1):28-32. doi: 10.1097/ICU.000000000000630. PMID: 31770164 Review.

Accuracy of IOL Power Calculations in the Very Elderly. Sella R, Chou L, Schuster AK, Gali HE, Weinreb RN, Afshari NA. Eye (Lond). 2020 Oct;34(10):1848-1855. doi: 10.1038/s41433-019-0752-0. Epub 2020 Jan 13. PMID: 31932707 Free PMC article.

Dupilumab-Associated Mucin Deficiency (DAMD). Barnett BP, Afshari NA. Transl Vis Sci Technol. 2020 Feb 25;9(3):29. doi: 10.1167/tvst.9.3.29. PMID: 32742759 Free PMC article.

Intraocular Lens Power Calculation in the Elderly Population Using the Kane Formula in Comparison with Existing Methods. Reitblat O, Gali HE, Chou L, Bahar I, Weinreb RN, Afshari NA, Sella R. J Cataract Refract Surg. 2020 Nov;46(11):1501-1507. doi: 10.1097/j.jcrs.00000000000308. PMID: 33149066

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Editorial: Advances in Cataract Surgery Planning, Methods, and Outcomes in the Pandemic Era. Hakim DF, Afshari NA. Curr Opin Ophthalmol. 2021 Jan;32(1):1-2. doi: 10.1097/ ICU.00000000000721. PMID: 33278115 No abstract available.

Cataract and Systemic Disease: A Review. Ang MJ, Afshari NA. Clin Exp Ophthalmol. 2021 Mar;49(2):118-127. doi: 10.1111/ ceo.13892. Epub 2021 Jan 10. PMID: 33426783 Review.

Disease Expression and Familial Transmission of Fuchs Endothelial Corneal Dystrophy with and without CTG18.1 Expansion. Xu TT, Li YJ, Afshari NA, Aleff RA, Rinkoski TA, Patel SV, Maguire LJ, Edwards AO, Brown WL, Fautsch MP, Wieben ED, Baratz KH. Invest Ophthalmol Vis Sci. 2021 Jan 4;62(1):17. doi: 10.1167/iovs.62.1.17. PMID: 33444430 Free PMC article. August consultation #7. Afshari NA. J Cataract Refract Surg. 2021 Aug 1;47(8):1100. doi: 10.1097/01.j.jcrs.0000769512.47571.ee. PMID: 34292900 No abstract available.

Intraoperative Management of Zonular Weakness. Barnett, Brad P, Heichel CW In: Duke Manual of Corneal and Cataract Surgery. 1st Edition. Wolters Kluwer. (2021)

#### GLAUCOMA

Deep Learning Approaches Predict Glaucomatous Visual Field Damage from OCT Optic Nerve Head En Face Images and Retinal Nerve Fiber Layer Thickness Maps. Christopher M, Bowd C, Belghith A, Goldbaum MH, Weinreb RN, Fazio MA, Girkin CA, Liebmann JM, Zangwill LM. Ophthalmology. 2020 Mar;127(3):346-356. doi: 10.1016/j.ophtha.2019.09.036. Epub 2019 Sep PMID: 31718841

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Novel Mutations in LTBP2 Identified in Familial Cases of Primary Congenital Glaucoma. Rauf B, Irum B, Khan SY, Kabir F, Naeem MA, Riazuddin S, Ayyagari R, Riazuddin SA. Mol Vis. 2020 Feb 24;26:14-25. eCollection 2020. PMID: 32165823

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Effects of Study Population, Labeling and Training on Glaucoma Detection Using Deep Learning Algorithms. Christopher M, Nakahara K, Bowd C, Proudfoot JA, Belghith A, Goldbaum MH, Rezapour J, Weinreb RN, Fazio MA, Girkin CA, Liebmann JM, De Moraes G, Murata H, Tokumo K, Shibata N, Fujino Y, Matsuura M, Kiuchi Y, Tanito M, Asaoka R, Zangwill LM. Transl Vis Sci Technol. 2020 Apr 28;9(2):27. doi: 10.1167/ tvst.9.2.27. eCollection 2020 Apr. PMID: 32818088

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Central Visual Field Defects in Patients with Distinct Glaucomatous Optic Disc Phenotypes. Ekici E, Moghimi S, Hou H, Proudfoot J, Zangwill LM, Do JL, Oh WH, Kamalipour A, Liebmann JM, De Moraes CG, Girkin CA, El-Nimri N, Weinreb RN. Am J Ophthalmol. 2021 Mar;223:229-240. doi: 10.1016/j. ajo.2020.10.015. Epub 2020 Oct 29. PMID: 33129812 Investigation of Associations between Piezo1 Mechanoreceptor Gain-of-function Variants and Glaucomarelated Phenotypes in Humans and Mice. Baxter SL, Keenan WT, Athanas AJ, Proudfoot JA, Zangwill LM, Ayyagari R, Liebmann JM, Girkin CA, Patapoutian A, Weinreb RN. Sci Rep. 2020 Nov 4;10(1):19013. doi: 10.1038/s41598-020-76026-0. PMID: 33149214

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Epithelial to Mesenchymal Transition (EMT) of Human Stem Cell-Derived Retinal Pigment Epithelium Shares Commonalities with Malignancy-Associated EMT: A Proteomic Analysis. Sripathi SR, Hu MW, Mertz JL, Liu MM, Wan J, Maruotti J, Wahlin KJ, Berlinicke CA, Qian J, Zack DJ. Molecular & Cellular Proteomics.

Proteome Landscape of Epithelial-to-Mesenchymal Transition (EMT) of Retinal Pigment Epithelium Shares Commonalities with Malignancy-Associated EMT. Sripathi SR, Hu MW, Turaga RC, Mertz J, Liu MM, Wan J, Maruotti J, Wahlin KJ, Berlinicke CA, Qian J, Zack DJ. Mol Cell Proteomics. 2021 Aug 27;20:100131. doi: 10.1016/j. mcpro.2021.100131. Online ahead of print. PMID: 34455105 Free PMC article.

## NEW GRANT



Sasan Moghimi MD, Associate Professor, is seeking to enhance understanding about smoking-related effects on the microvasculature and neural tissue of the retina in eyes of individuals with glaucoma and their association on glaucoma progression. In more than 350 patients with glaucoma, his team (including Robert N. Weinreb, MD and others) has observed that visual field progression and retinal nerve fiber thinning are linked to high smoking intensity. Evaluation of smoking intensity adds essential information to the assessment of risk of glaucoma progression. This research is funded by the University of California Tobacco Related Disease Research Program ("Racial differences in smoking-related glaucoma progression").

## RICHARD C. ATKINSON LABORATORY FOR REGENERATIVE OPHTHALMOLOGY UPDATE

#### **STEM CELL REGENERATION & TRANSPLANTATION**

Using stem cell technologies, Jiun Do, MD, PhD, investigates potential treatments to regenerate the optic nerve and restore the connections between the eve and the brain. These connections are lost in glaucoma and many other eye diseases, resulting in permanent vision loss. In collaborations with Karl Wahlin, PhD, and Derek Welsbie, MD, PhD, Dr. Do is developing methods to directly replace the cells that are lost from eye diseases. The process starts by genetically manipulating and optimizing stem cells for transplantation then transferring the modified stem cells into the appropriate location within the eye using novel intraocular techniques.

Additionally, Dr. Do is pioneering the development of "neuronal relays" to reconnect the injured optic nerve to the brain. By adapting this stem cell strategy to the optic nerve, it may be possible to successfully transplant a whole eye. Ultimately, these research directions aim to provide vision restorative therapies that do not yet exist.

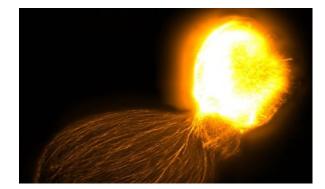


#### **NEW STRATEGIES FOR EYE REGENERATION**

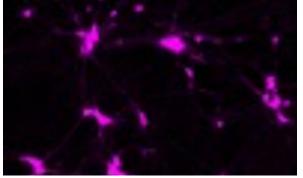
Researchers under the supervision of **Karl Wahlin PhD**, Director of the Richard C. Atkinson Laboratory for Regenerative Ophthalmology, are developing a strategy to convert existing support cells already present within the eye into new optic nerve cells.

Many species, including fish, can regrow damaged eyes but this does not naturally occur in humans. Dr. Wahlin and his team believe that the human eye is capable of regeneration but is lacking the biological cues to do so.

The main limitation to restoring vision is human's inability to grow new cells that are lost during disease. One approach to solving this problem is to regenerate new cells by activating sets of genes that control normal eye development, as well as what is active during eye regeneration in other species. By activating these 'regulator genes', they are able to make new human optic nerve cells in record time. The ability to generate new optic nerve cells could lead to new ways to study and reverse glaucoma as well as retinal degenerations. A similar approach has also been successful for creating new light sensing photoreceptor cells. Solving this first piece of the puzzle brings the team one step closer to reversing a variety of retinal degenerations spanning from glaucoma, which destroys the optic nerve, to retinitis pigmentosa and macular degeneration that destroy light sensing photoreceptors.



Laboratory grown human retinas are engineered to express fluorescent markers that allow researchers to monitor their status during disease and regeneration. Here we show that stem cell derived human retinas grow optic nerve connections into developing brain organoids and visualization of their fluorescence within these cells assists in assessing regeneration.



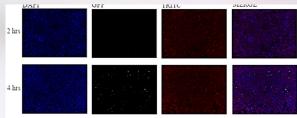
Neurons generated by gene activation express fluorescent proteins in newly formed optic nerve cells.



#### LATE-ONSET INHERITED RETINAL DEGENERATION

Shyamanga Borooah, MD, PhD and his team are developing innovative therapies for inherited retinal diseases. Cases of late-onset retinal degeneration (L-ORD) are caused by an autosomal dominant mutation in the C1QTNF5 gene. The Borooah lab is working to knock down the mutant protein with an allele-specific CRISPR-Cas9 based gene editing system. The team is growing retinal pigment epithelium (RPE) cells, differentiated from the iPSCs of LORD patients, as a translational in-vitro model to show the efficacy of this approach. They are also developing a LORD mouse model so that in vivo editing efficiency and phenotypic recovery can be assessed. This approach is also being translated to other retinal dystrophies caused by mutations in the TIMP3 and EFEMP1 genes.





Phagocytosis of photoreceptor outer segments by retinal pigment epithelial (RPE) cells at 2 and 4 hours. Fluorescently tagged photoreceptor outer segments are incubated on RPE cells to test the proper function of the cells. Over time, the cells internalize the outer segments (green) through phagocytosis. Nuclei are DAPI stained (blue) and the actin cytoskeleton is stained with Rhodamine phalloidin (red).



Induced pluripotent stems cells, from a L-ORD patient, stained for a marker of pluripotency, SSEA2 (pink). Nuclei are DAPI stained (blue).

## **CLINICAL TRIALS 2021**

#### DIVISION PRINCIPAL INVESTIGATOR TITLE FUNDING AGENCY Cornea Afshari, Natalie, MD Vision Restoration with a Collagen Crosslinked Boston Keratoprosthesis Massachusetts Eye & Ear Infirmary; DOD as Prime Unit Study A Thirteen-year Study of the Indications and Visual Outcomes of Capsular Heichel, Christopher, MD Cornea Tension Ring Implantation in Cataract Surgery 2016 PI: Christopher W. Heichel, MD Glaucoma Bowd, Christopher, PhD A0081096 Prospective Randomized 12 233k Controlled Study of Visual Pfizer Field Change in Subjects with Partial seizures Receiving Pregabalin or Placebo - Pfizer Inc PI: Christopher J. Bowd, PhD The Efficacy and Safety of Bimatoprost SR in Patients With Open-angle Glaucoma Camp, Andrew, MD, PhD Glaucoma or Ocular Hypertension PI: Andrew S. Camp MD Efficacy and safety of AbGn-168H in Patients with Active Psoriatic Glaucoma Camp, Andrew, MD, PhD Arthritis: Á 24-Week, Open-Label, Multi-Center, Phase II Proof of Principle Trial PI: Andrew S. Camp, MD Glaucoma Camp, Andrew, MD, PhD Effects of the Body Position on Episcleral Venous Pressure and Allergan Intraocular Pressure in Glaucoma. Glaucoma Camp, Andrew, MD, PhD XEN-45 Gel Stent Versus Trabeculectomy in glaucoma: Gold Standard Allergan Pathway Study (GPS) Camp, Andrew, MD, PhD An Extension Trial to Evaluate the Long-term Safety and Efficacy of Allergan Glaucoma Bimatoprost SR in Patients with Open Angle Glaucoma or Ocular **Hypertension** Glaucoma Weinreb, Robert, MD Subconjuctival Mitomcyin-C Injection Versus Direct Sclera Application in Trabeculectomy PI: Robert N. Weinreb, MD, Sub-I: Jiun Do, MD Determining the Correlation Between Intraocular Pressures Measured Weinreb, Robert, MD Glaucoma by Self-Monitoring Rebound Tonometry and Glaucoma Development or Progression PI: Robert N. Weinreb, MD, Sub-I: Jiun Do, MD Evaluation of the Repeatability and Reproducibility of AngioVue in Glaucoma Weinreb, Robert, MD Normal Subjects, Retinal Patients, and Glaucoma Patients PI: Robert N. Weinreb, MD Effects of a Single Osteopathic Manipulative Treatment (OMT) on Glaucoma Zangwill, Linda, PhD Intraocular Pressure (IOP) Reduction PI: Hollis King, Sub-I: Linda M. Zangwil, PhD Multi-Center Study for a Reference Database of Optic Nerve Head, Glaucoma Zangwill, Linda, PhD Heidelbera Enaineerina Retinal Nerve Fiber Layer, and Macula Parameters Measured with the Heidelberg Spectralis OCT within a Hispanic Population PI: Linda M. Zangwill, PhD Zangwill, Linda, PhD Multi-Center Study for a Reference Database of Optic Nerve Head, Heidelberg Engineering Glaucoma Retinal Nerve Fiber Layer, and Macula Parameters Measured with the Heidelberg Spectralis OCT within an African-American population PI: Linda M. Zangwill, PhD Glaucoma Zangwill, Linda, PhD Grading the Ocular Images and Datasets for the B-2018-4 Study Heidelberg Engineering A Phase 4, Randomized, Double-masked, Placebo-controlled, Multicenter Trial Liu, Catherine, MD Horizon Therapeutics USA, Oculoplastic to Evaluate the Efficacy and Safety of TEPEZZA in Treating Patients with Inc.

Chronic (Inactive) Thyroid Eye Disease

#### DIVISION PRINCIPAL INVESTIGATOR TITLE

#### FUNDING AGENCY

Pediatrics	Robbins, Shira, MD	A Multi-Center, Double-Masked, Randomized, Placebo-Controlled Phase 3 Study of the Safety and Efficacy of Atropine 0.1% and 0.01% Ophthalmic Solutions Administered with a Microdose Dispenser for the	Eyenovia, Inc.
Retina	Borooah, Shyamanga, PhD	Reduction of Pediatric Myopia Progression [CHAPERONE] Natural History Study of Patients with X-linked Retinal Dystrophy Associated with Mutations in Retinitis Pigmentosa GTPase Regulator (RPGR)	Meiragtx UK II Limited
Retina	Borooah, Shyamanga, PhD	Phenotyping and Genotyping Patients with Achromatopsia in Preparation for Gene Therapy Trials	MeiraGTx UK II Ltd
netha	borooun, snyumanga, rnb	A Phase 2 Randomized Placebo-Controlled Double-Masked Study to	Syneos Health Inc.
Retina	Borooah, Shyamanga, PhD	Assess Safety & Efficacy of Multiple Doses of IONIS-FB-LRX an Antisense Inhibitor of Complement FactorB in Patients w/GA 2nd to AMD	,
		"Open-Label, Single Ascending Dose Study to Evaluate the Safety,	Editas Medicine
Datina	Davaaah Chusenaa DhD	Tolerability, and Efficacy of EDIT-101 in Adult and Pediatric Participants	
Retina	Borooah, Shyamanga, PhD	with Leber Congenital Amaurosis Type 10 (LCA10), with Centrosomal Protein 290 (CEP290)-Related Retinal Degeneration Caused by a Compound	
		Heterozygous or Homozygous Mutation Involving c.2991+1655A>G in Intron	
		26 (IVS26) of the CEP290 Gene ("LCA10-IVS26")"	
Retina	Freeman, William, MD	A Phase 2b, Randomized, Double-Masked, Controlled Trial to Assess the	Ophtotech Corp.
		Safety and Efficacy of Zimura (Anti-Complement Factor 5 Aptamer) in	
Detine		Subjects with Geographic Atrophy 2nd to AMD [ZIMURA]	Comonto de Juco
Retina	Freeman, William, MD	A Multicenter, Open-Label, Extension Study to evaluate the Long-Term Safety and Tolerability of the Port Delivery System with Ranibizumab in	Genentech, Inc.
		Patients with Neovascular AMD [PORTAL]	
Retina	Freeman, William, MD	A Phase 2, Prospective, Randomized, Double-masked, Active	Kodiak Sciences, Inc.
		Comparator-controlled, Multi-center Study to Investigate the Efficacy and	·
		Safety of Repeated Intravitreal Administration of KSI-301 in Subjects with	
Datina	Freeman William MD	Neovascular (Wet) Age-related Macular Degeneration [DAZZLE]	
Retina	Freeman, William, MD	A Phase 3 Multicenter, Randomized, Double-Masked, Sham- Controlled Clinical Trial to assess the Safety and Efficacy of Intravitreal	IVERIC Biosciences
		Administration of ZIMURA <sup>™</sup> (Complement C5 Inhibitor) in patients with	
		Geographic Atrophy Seondary to Dry Age-Related Macular Dengeneration	
		[GATHER2]	
Retina	Freeman, William, MD	A Randomized, Double-masked, Phase 3 Study of ABP 938 Efficacy and	AMGEN Pharmaceuticals
		Safety Compared to Aflibercept (Eylea®) in Subjects with Neovascular Age-	
Retina	Freeman, William, MD	related Macular Degeneration Randomized, Double-Masked, Active-Controlled, Phase 3 Study of the	BAYER AG
Netina	reeman, winam, MD	Efficacy and Safety of High Dose Aflibercept in Patients With Neovascular	DATENAG
		Age-Related Macular Degeneration [PULSAR]	
Retina	Freeman, William, MD	A Prospective, Randomized, Double-masked, Active Comparator-	Kodiak Sciences, Inc.
		controlled, Multi-center, Two-arm, Phase 3 Study to Evaluate the Efficacy	
		and Safety of Intravitreal KSI-301 Compared with Intravitreal Aflibercept in Participants with Visual Impairment Due to Treatment-naïve Macular Edema	
		Secondary to Retinal Vein Occlusion [BEACON]	
Retina	Freeman, William, MD	A Prospective, Randomized, Double-masked, Active Comparator-	Kodiak Sciences, Inc.
	,,	controlled, Multi-center, Two-arm, Phase 3 Study to Evaluate the Efficacy	· · · · · · · · · · · · · · · · · · ·
		and Safety of Intravitreal KSI-301 Compared with Intravitreal Aflibercept in	
		Participants with Visual Impairment Secondary to Treatment-naïve Diabetic	
		Macular Edema [GLEAM]	

#### DIVISION PRINCIPAL INVESTIGATOR TITLE

#### **FUNDING AGENCY**

Retina	Freeman, William, MD	A Phase 3, Open-Label, Multicenter, Extension Study to Evaluate the Long-Term Safety and Efficacy of PEGCETACOPLAN in subjects with Geographic Atrophy 2nd to AMD [GALE]	Apellis Pharmaceuticals
Retina	Nudleman, Eric, MD, PhD	A 2-year, Three-Arm, Multicenter, Randomized, Double-Masked, Multicenter, Phase III Study assessing the Efficacy and Saferty of Brolucizumab vs Aflibercept in Adult Patients with Visual Impairment due to Diabetic Macular Edema [KESTREL]	Novartis Pharmaceuticals
Retina	Nudleman, Eric, MD, PhD	A Randomized, Controlled, Multi-Center Study to Assess the Efficacy, Safety, and Tolerability of Intravitreal Aflibercept Compared to Laser Photocoagulation in Patients with Retinopathy of Prematurity [ROP]	Regeneron Pharmaceuticals
Retina	Nudleman, Eric, MD, PhD	"An Extension Study to Evaluate the Long-Term Outcomes of Patients Who Received Treatment for Retinopathy of Prematurity in the VGFTE- ROP-1920 Study" [BUTTERFLEYE]	Regeneron Pharmaceuticals
Retina	Spencer, Doran, MD	A Phase III, Multicenter, Randomized, Double-Masked, Active Comparator-controlled Study to evaluate the Efficacy and Safety of Faricimab in Patients with Neovascular Age-related Macular Degeneration [TENAYA]	Genentech, Inc.

# STAFF SPOTLIGHT

Congratulations to Juan Arias, the new Assistant Director of Ophthalmology Services, at the Shiley Eye Institute. Arias is now a member of the Viterbi Family Department of Ophthalmology's Operations Management Team and partners with the Director of Ophthalmic Services, Cathi Lyons. The team plans the Department's business development, operational and programmatic growth aiming to create high quality clinic flow and processes via EPIC, training and clinical standards. Juan is responsible for providing clinical and technical support in key areas such as imaging and documentation. He is developing and managing strategic initiatives to improve efficiencies and quality, leading teams, and projects to address and resolve complex issues in all Ophthalmology and Optometry clinics.

Arias was awarded a Biology Undergraduate and Master's Mentorship Program Award from UC San Diego to study the use of TENS machines in



the reduction of pain associated with wet age-related macular degeneration injections in the clinic. He has started the MBA program at Point Loma University.

## **GRANTS 2021**

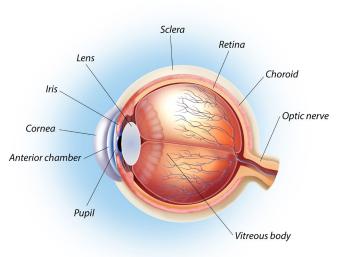
#### DIVISION PRINCIPAL INVESTIGATOR TITLE

#### **FUNDING AGENCY**

Cornea	Afshari, Natalie, MD	Application of RNA-Targeting CAS9 to Fuchs' Dystrophy	NIH/NEI R01
Cornea	Shaw, Peter, PhD	Interplay of Genetic Risk and Oxidative Stress in AMD Pathogenesis	UC Academic Senate
Glaucoma	Baxter, Sally, MD	Multi-modal Health Information Technology Innovations for Precision	NIH/NEI
Glaucoma	Daxter, Sally, MD	Management of Glaucoma	
Glaucoma	Baxter, Sally, MD	Supplemental. Graduate Student Support for Multi-modal Health Information	NIH/NEI
Glauconia	Baxter, Sally, MD	Technology Innovations Project	
Clausama	Christophar Mark DhD		NIH/NEI
Glaucoma	Christopher, Mark, PhD	Deep Learning Approaches to Detect Glaucoma and Predict Progression from	
Classes		Spectral Domain Optical Coherence Tomography	
Glaucoma	Coleman, Todd, PhD	Biosensor and Eyedrop Bottle Technologies for Glaucoma Adherence Monitoring	NIH/NEI
Glaucoma	Do, Jiun, MD, PhD	Optic Nerve Relays to Restore Vision	American Glaucoma Society
Glaucoma	Do, Jiun, MD, PhD	Optic Nerve Relays for the Restoration of Visual Function	Glaucoma Research Foundation
Glaucoma	Ju, Wonkyu, PhD	Mitochondrial Protection in Glaucomatous Optic Neuropathy	NIH/NEI R01
Glaucoma	Moghimi, Sasan, MD	Racial Differences in Smoking-related Glaucoma Progression: Effect on Neural	Tobacco-Related Disease
		and Vascular Tissue	Research Program
Glaucoma	Weinreb, Robert, MD	Ophthalmology and Visual Sciences Career Development K12 Program PI: Robert	NIH/NEI K12
		N. Weinreb, MD, Co-I: Natalie A. Afshari, MD, NIH, April 2015 – July 2026	
Glaucoma	Weinreb, Robert, MD	Unrestricted and Challenge Grant - Research to Prevent Blindness PI: Robert N.	Research to Prevent Blindness
		Weinreb, MD, January 2018 - December 2023	
Glaucoma	Weinreb, Robert, MD	Diagnosis and Monitoring of Glaucoma with Optical Coherence Tomography	NIH/NEI R01
		Angiography PI: Robert N. Weinreb, MD, May 2018 - April 2022	
Glaucoma	Weinreb, Robert, MD	Molecular Mechanisms of Glaucoma	NIH/NEI R01
Glaucoma	Weinreb, Robert, MD	A Randomized, Single Center, Masked, Crossover Study Comparing the Effects of	Bausch & Lomb
		Latanoprostene Bunod and Timolol on Retinal Blood Vessel Density and Visual	
		Acuity in Patients with Ocular Hypertension or Primary Open Angle Glaucoma	
Glaucoma	Weinreb, Robert, MD	Ocular Hypertension Treatment Study 20-Year Follow-up: Clinical Center Grant	NIH
Glaucoma	Weinreb, Robert, MD	iGLAMOUR Study: Innovations in Glaucoma Adherence and Monitoring of Under-	NIMHD
		Represented Minorities	
Glaucoma	Welsbie, Derek, MD, PhD	Kinase Multitargeting for Glaucoma Neuroprotection	NIH/NEI R01
Glaucoma	Welsbie, Derek, MD, PhD	High-Throughput Functional Genomic Screening in Retinal Ganglion Cells	Glaucoma Research Foundation
Glaucoma	Welsbie, Derek, MD, PhD	Developing an Optic Nerve Relay for Vision Restoration	Research to Prevent Blindness
Glaucoma	Welsbie, Derek, MD, PhD	Development of Small Molecule and Gene Therapy Approaches to Inhibit	Oriole Therapeutics, Inc.
		Dual Leucine Zipper Kinase and Accessory Pathways for Retinal Ganglion Cell	
		Neuroprotection	
Glaucoma	Zangwill, Linda, PhD	Diagnostic Innovations in Glaucoma Study (DIGS): High Myopia and Advanced	NIH/NEI R01
Gladcollia	Zangtin, Enad, The	Diseases PI: Linda Zangwill, PhD, Co-I: Robert N. Weinreb, MD, Co-I:	
		Christopher Bowd, PhD, NIH, March 2017 – February 2022	
Glaucoma	Zangwill, Linda, PhD	African Descent and Glaucoma Evaluation (ADAGES) IV: Alterations of the Lamina	NIH/NEI R01
Gladcollia	Zungwin, Emuu, mb	Cribrosa in Progression PI: Linda Zangwill, PhD, Co-I: Robert N. Weinreb, MD,	
		NIH, April 2017 – March 2021	
Glaucoma	Zangwill, Linda, PhD	Translational Vision Research Training at UCSD PI: Linda Zangwill, PhD, Co-I:	NIH/NEI
Glaucoma		Radha Ayyagari	
Glaucoma	Zangwill, Linda, PhD	Personalized Forecasting of Disease Trajectory for Patients with Open Angle	NIH/NEI
Glaucollia	Zangwin, Linua, FIID	Glaucoma	
		Glauconia	

Glaucoma	Zangwill, Linda, PhD	Dietary Interventions to Improve Vision UCSD Krupp Endowment Fund (KEF) Research Awards, PI: Linda Zangwill, PhD	Krupp Foundation
Glaucoma	Zangwill, Linda, PhD	P30 NEI Center Core Grant for Vision Research	NIH/NEI
Glaucoma	Zangwill, Linda, PhD	OCT in the Ocular Hypertension Treatment Study: 20 Year Follow-Up	NIH/NEI
		A Pandemized Clinical Trial Evolution Fone fibrate for Provention of Disbetic	
Glaucoma	Zangwill, Linda, PhD	A Randomized Clinical Trial Evaluating Fenofibrate for Prevention of Diabetic Retinopathy Worsening	NIH/NEI
Glaucoma	Zangwill, Linda, PhD	Improve OCT Detection of Optic Nerve Head (ONH)	Glaucoma/Myopia OCT
Gladcoma	Zangwin, Emaa, The		Phenotyping Consortium
Oculoplactics	Kikkawa, Don O., MD	Cone Expression in Nenspecific Orbital Inflammation Disease Co. I. Don O.	NIH/NEI
Oculoplastics	KIKKAWA, DON O., MD	Gene Expression in Nonspecific Orbital Inflammation Disease Co-I: Don O.	
<b>B</b> 11 / 1		Kikkawa, MD NIH, September 2016 - August 2021	
Pediatric	Rudell, Jolene, M.D., Ph.D.	The Characterization of the Neuromuscular Junction in Extraocular Muscles in	Knights Templar Eye Foundation
		Patients with Strabismus	
Retina	Ayyagari, Radha, PhD	Identification of the Elusive Genetic Causality of Inherited Retinal Degenerations	The Foundation Fighting
		(IRDs)	Blindness
Retina	Ayyagari, Radha, PhD	Molecular Basis of Hereditary Retinal Degenerations	NIH/NEI
Retina	Ayyagari, Radha, PhD	Molecular Mechanism Underlying Late-Onset Retinal/Macular Degeneration	NIH/NEI R01
Retina	Ayyagari, Radha, PhD	Unraveling the Molecular Pathology of Retinal Degeneration Through Single Cell	NIH/NEI R01
neenta	, yy yugun, naana, i no	Genomics	
Retina	Bartsch, Dirk-Uwe, PhD	Mechanistic-Based Non-Invasive Assessment of Retinal Damage in HAART Era	NIH/NEI R01
Retina	Borooah, Shyamanga, PhD	Combining the Utility of Human Induced Pluripotent Stem Cell Modeling and	The Foundation Fighting
Netina	borobari, siryamanga, rind	CRISPR-Cas9 Gene Editing with Adenoassociated Virus Vector Gene Delivery to	
			Diffulless
Durtha		Develop and Optimize Novel Gene Editing in Inherited RPE Disease	
Retina	Borooah, Shyamanga, PhD	Rescue of LAMP2 Associated Retinopathy	Knights Templar Eye Foundation
Retina	Ferrara, Napoleone, MD	Identification of Novel Inhibitors of Ocular Neovascularization	NIH/NEI
Retina	Ferrara, Napoleone, MD	Long Novel-Acting Inhibitors of Vascular Endothelial Growth Factor (VEGF) for	NIH/NEI R01
		Treatment of Intraocular Vascular Disorders; Co-I: Eric Nudleman, MD, PhD	
Retina	Freeman, William, MD	Multimodal Retina Image Alignment and Applications Co-I: William Freeman, MD,	NIH/NEI R01
		Contact PI: Truong Q Nguyen, PhD, September 2021 - August 2025	
Retina	Nudleman, Eric, MD, PhD	Role of PDLIM1 in Retinal Vascular Leakage and Proliferation	NIH/NEI
Retina	Oesch, Nicholas, PhD	Computing Luminance and Contrast in Prosthetically Driven Retina	NIH/NEI R01
Stem Cell	Wahlin, Karl, PhD	Endogenous Generation of Cone Photoreceptors to Increase Light Responses in	Vision of Children
		Foveal Hypoplasia	
Stem Cell	Wahlin, Karl, PhD	Modeling Photoreceptor Development and Disease with Human Pluripotent	NIH/NEI R01
	, , , , ,	Stem Cells	
Stem Cell	Wahlin, Karl, PhD	A Stem Cell Based Optic Nerve Model for Studies of Axon Guidance and	NIH/NEI
Stem cen	Warnin, Ran, Hib	Regeneration	
Stem Cell	Wahlin, Karl, PhD	Pluripotent Stem Cell Derived 3D Retinas for Studies of Early Onset Retinal	NIH/NEI R01
Stem cen	Warmin, Ran, The	Degeneration	BrightFocus Foundation
Stem Cell	Wahlin, Karl, PhD	Complement Factor H Mutant Pluripotent Stem Cells to Model Early Onset	brighti ocus i oundation
Stem Cen	Wallin, Kall, FIID		lamaa Madiaan Universityu
		Macular Degeneration and Their Application in Drug Discovery	James Madison University;
Stem Cell	Wahlin, Karl, PhD	Dissecting the Biochemical Role of Epigenetically Modified Regulatory	NIH/NEI as Prime
		Sequences within the Genomes of Retinal Neurons (A1)	Bayer AG
Stem Cell	Wahlin, Karl, PhD	Differential Expression of miRNAs Serve as Biomarkers of AMD-like Disease	
		Progression in Human Stem Cell-derived RPE	

# UNIQUE GRANT



Assistant Professor, **Karl Wahlin, PhD** was awarded a two-year grant from The Vision of Children Foundation to support his research on "Endogenous Generation of Cone Photoreceptors to Correct Foveal Hypoplasia". This research delves into the defects of the retina associated with rare forms of ocular albinism and other ophthalmic disorders which can lead to serious life-long visual impairment.

The retina is the thin tissue that lines the back of the eye which contains light sensing (photoreceptor) cells (rods and cones) that send visual signals to the brain. The macula is the center of the retina and its function is to process clear straight ahead vision. The fovea is the center of the macula that is responsible for fine vision – it is where your vision is sharpest. The fovea is the main focus of this research project. A large quantity of light sensing cone photoreceptors accounts for the visual acuity that most people enjoy. However, in foveal hypoplasia, the photoreceptors which typically grow in size during development remain small and underdeveloped, as well as are fewer in number. No current treatment exists but new advances in stem cell biology and gene-editing now make it possible to study human retinal disease in a controlled laboratory setting. Dr. Wahlin and his team are now able to test new cell-based approaches that could potentially restore vision in these patients.

Did you know that amphibians and fish regenerate their retinas after injury? Recent studies in mice suggests this might happen in mammals too. The process, referred to as endogenous regeneration, has not been studied in humans so Dr. Wahlin's team will explore this in human stem cell derived retinas. If applied to the retina by viral delivery, this approach holds the potential to increase cone density in the treated areas, thereby offering one possible way to correct the cone deficiency in foveal hypoplasia.

Dr. Wahlin and his team hope to gain a greater understanding of the molecular events driving human photoreceptor development and possible control over endogenous generation. His research could lead to a design of future viral based therapies for restoring vision. It would be groundbreaking since in addition to its direct application for ocular albinism, this approach also lends itself to addressing vision loss stemming from more common disorders like agerelated macular degeneration and retinitis pigmentosa that affect millions worldwide.

# GIVING OPPORTUNITIES

For over 30 years, the philanthropic support from generous individuals, foundations and corporations has provided the Shiley Eye Institute and Viterbi Family Department of Ophthalmology with valuable resources for patient care, research, education and community service. As a friend of the Department of Ophthalmology, there are several giving options for those who wish to contribute to our tradition of excellence.

#### **Outright Gifts** – Immediate Impact

Outright gifts of all sizes made with cash, check, credit cards, savings bonds, stocks, marketable securities or property provide immediate impact to our faculty and facility. If writing a check, please make payable to the "UC San Diego Foundation" and put the Shiley Eye Institute in the memo section. The check should be accompanied with a letter stating the focus of your donation and mail to

The Shiley Eye Institute, Mail Code 0946, 9415 Campus Point Drive, Room 241B, La Jolla, CA, 92093-0946 (Attention: Karen Anisko Ryan)

#### Annual Gifts – Circle of Sight

Started in 1996, the Circle of Sight is the Shiley Eye Institute's recognition program that acknowledges donors who make annual gifts of \$250 or more to support the greatest needs of the Department. Several times a year, the Shiley Eye Institute's Circle of Sight members are invited to attend Vision Research Lectures and receptions where members get to personally know our faculty. The members are also ambassadors for the Shiley Eye Institute within the San Diego community. The Circle of Sight group is the backbone of many of our successful initiatives.

#### **Planned Gifts** – Your Vision for Tomorrow

Please consider a charitable bequest in your estate plan that will benefit the future of the Shiley Eye Institute and directly support the Viterbi Family Department of Ophthalmology. We would be pleased to provide you, your attorney, accountant or tax advisor with specific bequest language for inclusion in your will, trust or as a beneficiary of your retirement account – all of which can lessen the impact of taxes on your heirs or give you comfort of knowing that your assets will benefit those you leave behind.

## **Tribute Gifts** – Acknowledge Someone Special

Contributions can be made in memory, honor or in celebration of a loved one or to commemorate a special occasion. Gifts can be made to honor a special physician, for example, who has played a significant role in your eye health. Such a gift creates a legacy and memorializes the person by providing direct support to the Department.

## **Matching Gifts** – Double or Triple your Gift

Many employers offer a matching gift program to their employees meaning that your donations are worth even more. All you need is a Matching Gift Form from your employer.

#### **Endowments** – Gifts in Perpetuity

A gift of endowment demonstrates your long-term commitment to the Viterbi Family Department of Ophthalmology since the fund is maintained in perpetuity. Your gift can support programs, lectures, awards, fellowships and Chairs. An endowment serves as an enduring legacy since it often bears the name of a donor or loved one.

#### **Gifts of Real Estate**

Making a gift of real estate is a generous and financially advantageous way to support Shiley Eye Institute. Many people have residential rental units or vacation homes that no longer serve their needs or have become too burdensome to maintain. Even commercial property and vacant land can be a used as gifts to support Shiley's programs. Real estate can be given as an outright gift or in a bargain sale; it can be used to create a retained life estate, a charitable gift annuity or a charitable remainder trust. There are many creative ways that your real estate can unlock financial security and provide tax benefits for you now while supporting Shiley Eye Institute and the programs that mean the most to you.

Every donation makes a direct impact on our patients, faculty, researchers, residents, fellows and staff, as well as the field of Ophthalmology. We cherish the partnership that we have developed with those generous members of the community who invest in us. There are also naming opportunities for gifts including: endowed chairs, laboratories, specialized ophthalmic clinics and research initiatives. We would welcome the opportunity to have a confidential conversation with you, so we clearly understand how you want your gift to be used.

For more information about any of these gifting ideas, or for help in finding the best gift options for achieving your charitable goals, please contact Karen Anisko Ryan at kanisko@ health.ucsd.edu or 858-534-8017. To learn how these giving options might affect your specific financial situation, please consult with your tax, legal or financial advisors.

#### **VISIONARY CIRCLE**

Members of the Visionary Circle are cumulative lifetime contributors of one million dollars or more to the Department of Ophthalmology. We appreciate their generosity.

#### Anonymous

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## LANSCHE CHAIR COMPLETED



Linda Zangwill, PhD accepting the final pledge payment from the Lansche Family represented by Rick Mitchell and Francie Murphy.

**Linda Zangwill, PhD** was appointed as the holder of the Richard K. Lansche and Tatiana A. Lansche Endowed Chair in Ophthalmology in 2019 to support her research and teaching activities at the Shiley Eye Institute and Viterbi Family Department of Ophthalmology. The endowed chair honors the work and memory of the late Richard K. Lansche, MD (deceased in 2000), a respected San Diego area ophthalmologist and his wife Tatiana. Sadly, Mrs. Lansche passed away in October 2020 at the age of 99.

\*Deceased

## PATIENT PLANNING FOR SEI'S FUTURE

I am an active sixty year old woman and have run in 20 marathons. Unfortunately, my eyes were not as healthy. For more than fifteen years, I have been a glaucoma patient at the Shiley Eye Institute (SEI) under the care of **Robert N. Weinreb, MD**. I have participated in multiple clinical trials at the Hamilton Glaucoma Center and have had several eye surgeries. Dr. Weinreb and his wonderful team have taken excellent care of me so that my vision is stable going into my later years.

Shiley is an institution that I care deeply about and therefore I have chosen to include it in my will. I believe that my future financial contribution to SEI is opening a window of opportunity, however small, for exploring and proving novel solutions for eye diseases.

Shiley's innovative research holds promise for improved outcomes for patients facing the challenges of eye disease. Combining world class medicine and engineering with caring and dedicated clinicians, SEI has sewn fertile ground with hopeful seeds of a future where fewer children will lose vision and more adults will enjoy good vision for a lifetime.

I feel so lucky to have Dr. Weinreb and Shiley here in San Diego and I want my legacy to support their world class eye care for years to come.

Anyone who cares about being a part of this exploration for better vision should consider including SEI in their estate plan.

To learn more about including the Shiley Eye Institute and Viterbi Family Department of Ophthalmology at UC San Diego in your estate plan and leave a lasting legacy, please contact Karen Anisko Ryan at kanisko@health.ucsd.edu or 858-534-8017.



Robert N. Weinreb, MD and author Jill Herndon

# YOUR GIFTS MAKE A DIFFERENCE

As a result of COVID-19, 86-year-old San Diego businessman Tom Fetter had gone three years since his customary eye exam at the Shiley Eye Institute (SEI). An SEI optometrist immediately noticed a problem when Fetter had difficulty reading the eye chart with his left eye and referred him to see retina specialist, Eric Nudleman, MD, PhD, Associate Professor of Ophthalmology. Fetter had been completely unaware of the problem, as his right eye was compensating for the left. Dr. Nudleman diagnosed Fetter with wet age-related macular degeneration (AMD). Fetter was immediately concerned, as one of his long-term employees had retired and was now almost blind from AMD.

On Fetter's first appointment in March 2021, after having his vision and intraocular eye pressure checked, he was dilated then directed to the Imaging Department for photos of his retina. As he approached, he saw patients sitting in the hall waiting in line. After getting his photos taken, he asked Ophthalmic Photographer, Chris Oeinck, "why are there so many patients waiting?" Oeinck responded that unfortunately, SEI had only one optical coherence tomography (OCT) device and one Optos machine, both of which are needed to screen over 100 patients per day.

Each of these retinal imaging devices are non-invasive evaluation machines which help ophthalmologists diagnose and treat a variety of retinal diseases. The OCT uses light waves to take cross section pictures of the retina, allowing doctors to evaluate details of the retinal anatomy. The Optos machine takes ultrawide images using low powered red, green, blue and infrared laser waves, simultaneously providing panoramic views of the inside of the eye. A second set of machines had been on the wish list for several years.

On his next visit in April to see Dr. Nudleman, Fetter asked for detailed information and a possible delivery date for the OCT machine. When confirmed, he wrote a check for \$109,470 and the machine was ordered.

In June, Oeinck mentioned that an additional Optos machine was needed in order to fully service the patient flow and would cost \$172,395. Fetter agreed to provide \$100,000 to initiate this purchase as long as the Department was able to fund the difference. The Optos machine was ordered as well. Both of the new machines were installed and are now fully operational.

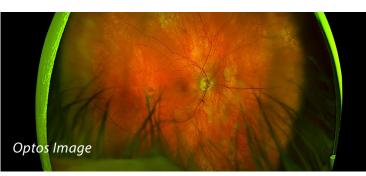
Fetter now receives monthly injections given by Dr. Nudleman to treat his AMD. Dr. Nudleman's laboratory work focuses on developmental angiogenesis and future less invasive treatments for retinal degenerations. He also collaborates with **Napoleone Ferrara, MD**, Distinguished Professor of Ophthalmology and Pathology, in their UC San Diego laboratory. With support Dr. Nudleman stated, "We are so grateful and honored that you care so much about our patients at Shiley. These devices are crucial in diagnosing and treating AMD and other retinal degenerations. Thank you so very much from all of us here at Shiley."

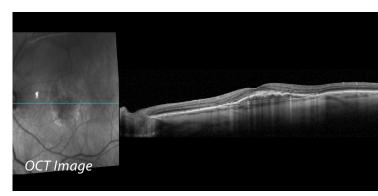


from the National Institutes of Health and private funding, they are developing an enhanced compound that will remain effective much longer than the currently available options (injections).

Both Jane and Tom say that they have never made a donation which has been as appreciated as this. Tom comments "Vision is so important for everyone's well-being that extraordinary efforts are warranted. My AMD is being kept from progressing, and with this retinal photography I can see the results. The additional machines allow more patients to be evaluated every day. I would urge everyone not to put off regular eye exams. Living in San Diego is fortunate as we have access to the highest quality medical research and healthcare in the world. The impact is important and the gratitude is overwhelming."

These donations from Jane and Thompson Fetter affect thousands of SEI patients each year in the retina clinic. If you are interested in making a difference with a donation to the Shiley Eye Institute and Viterbi Family Department of Ophthalmology, please contact Karen Anisko Ryan at kanisko@health.ucsd.edu or 858-534-8017.





# WITH APPRECIATION

The work of the UC San Diego Shiley Eye Institute and Viterbi Family Department of Ophthalmology is made possible through the generosity of our donors. We appreciate your investment and will continue to provide world class patient care, groundbreaking research, education excellence and community service. Thank you to all the individuals, foundations and corporations listed below on our Honor Roll who have donated from July 1, 2020 to June 30, 2021.

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\*Deceased

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The Viterbi Family Department of Ophthalmology and the Shiley Eye Institute at UC San Diego sadly acknowledges friends and key supporters who have passed away during the past year. They remain in our thoughts.

Rita L. Atkinson Mariorie S. Beck Jack E. Bowsher LaVerne Briggs Marjorie C. Caserio, PhD Dorothy R. Conte Anne Marie Dempsey David J. Dunn Charles E. Gibb, PhD Jean Hahn Hardy Joan M. Kontie Barbara B. Martin Michel Mathieu Susan N. Nachtomi Paul E. Peterson Elmer "Bud" L. Richter Madelvn D. Sheets Harold "Hal" F. Skelly Frances Hamilton White Florence Zahn Irwin Zahn

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